

A photograph of five children lying on their backs in a thick layer of yellow autumn leaves. They are all wearing colorful knit hats and have their mouths open in joyful expressions, as if shouting or laughing. The children are of diverse backgrounds. The text is overlaid on the top half of the image.

CITY OF WHITE PLAINS

2014-15 GUIDE

Fall & Winter

**Recreation & Parks • Youth Bureau • Library & Performing
Arts Center • Programs, Activities & Services**

www.cityofwhiteplains.com

The City of White Plains Programs

WHITE PLAINS CITY OFFICIALS

Mayor

Thomas M. Roach

Council President

John Martin

Common Council

John Kirkpatrick
Dennis Krolan
Milagros Lecuona
Nadine Hunt-Robinson
John Martin
Beth Smayda

Recreation Advisory Committee

John Martin,
Chairman

Christine Eifler
Patti Indelicato
Charles Morgan
Richard Myers
Charles Norris
Richard Sanchez
Evelyn Santiago
Jonathan Schere
Michele Schoenfeld
Kevin Scully
Frank Williams

Recreation & Parks Staff

Wayne Bass,
Commissioner

Francine Croughan
Deputy Commissioner

Ellen Albers
Mary Carey
Robert Demarco
Michael Fusca
Martha Guarin
Matthew Hanson
Helen Lamarche
Kertais Major
Beverly Myers-Bryant
Lauren O'Connor
George Price
Sia Tofano

Office of the Mayor

City of White Plains, Office of the Mayor
255 Main Street, White Plains NY 10601



Dear Fellow Resident:

The City of White Plains is pleased to present its programming for Fall/Winter 2014. The 2014 Fall/Winter Guide details the many programs offered by the Recreation & Parks Department, White Plains Library, the Youth Bureau, the White Plains Performing Arts Center and our Community Partners.

The Fall is a great time to enjoy our parks and the City's many amenities. We have exciting special events planned, including the 2014 Jazz Fest, September 2nd - 7th, a six-day celebration of jazz at eight downtown venues and the award-winning, Great White Plains Camp-Out on September 20th, as well as our very popular Halloween Tricks and Treats program.

As we look forward to cooler days and to the holidays, we hope you can join us for: ice skating at Ebersole Rink, the City's first WinterFest, the Bright Holiday Lights, Big City Nights event, and of course, our Annual New Year's Eve Spectacular in the heart of our downtown.

I encourage you to take advantage of the many programs available to you and your family as residents of our great city.

Best regards,

Thomas M. Roach, Mayor



Table of Contents

General Program Information

La informacion de la matricula	3
Map & Index of Park Facilities	48
Refund Policy	2
Registration Information	3
Registration Form	48

Pre-School Programs

Arts & Crafts "Sticky Fingers"	4
Fantastic Fitness	4
Make & Shake	4
Play Groups Program	4
Pre-Ballet Program	5
Soccer Pre Kickers	5
Sport Squirts Clinic	5
Superstar Tumblers	5
Swim Parent/Tot	6
T-Ball Squirts Clinic	6
Tumbling for Tots	6

Youth Programs

Basketball Programs	7-8
Ballet and Tap Dance Program	8
Beginner Fashion Sewing	8
Beginner Tumbling and Flexibility Program	8
Cheerleading	9
Fashion Sketching	9
Hip-Hop	9
Gift Making Workshop	9
KidzArt	9
Intermediate Tumbling and Flexibility Program	10
Lacrosse Association, White Plains	10
My Art Treasure/Creative Adventures	10
"No-Go-Yell-Tell"	10

Quick Start Tennis	10
Safe On My Own	10
Smart Start Sports Program	10
Soccer Programs	11
Swim FREE Family	11
Swim Instruction	12
Taiko Drumming	12

Teens Only-No Parents Allowed	12-13
Tennis Instruction	13
TGA Golf Instruction	13
Track & Cross Country	13
White Plains Little League	13

Programs for People With Differing Abilities

Programs For All Ages	14-15
Recreation Buddies	14

Adult Programs

Basketball League Men	16
Basketball League-Women	16
Softball, Co-Ed League-Fall League	16
Softball, Men's League-Fall League	16
Basic Drawing	16
Cross Fitness Infusion-Total Body Workout	17
Fat Burning Pilates-Bodies In Motion	17
Gentle Yoga	17
Jewelry Making Techniques I	17
Jewelry Making Techniques II	18
Tennis Instruction	18
Tennis - Platform Tennis	18
Zumba in the Circuit	18

Active Older Adult Programs

About the White Plains Recreation & Parks AOA	19
Program Offerings	19-24
Special Events	24-25
Trips	25-29

Special Events

Community Partners

WP Library Programs

WP Performing Arts Center

Youth Bureau Programs

Ebersole Ice Rink

Public Session Schedule	32
Family Admission Rates	32
Instructional Programs	32-33
Ice Hockey	33
Party Room Ebersole Ice Rink	33

Parks, Playground & Trails

44-47

Recreation & Parks Office Hours:

Mon - Fri 8:30am - 5:15pm;

Sat 9am - noon

Information: 422-1336

Cancellations: 422-1302

*Recreation Office

Closed on the Following Saturdays

November 29, December 27, January 3, February 20

www.cityofwhiteplains.com

Program Registration

RECREATION AND PARKS MISSION

The mission of the City of White Plains Recreation and Parks Department is to enhance the quality of life by providing recreational opportunities through safe, well-organized and affordable programs and facilities; and to maintain a comprehensive network of parks, trails and open spaces that promotes the mental, physical and social well being of our residents.

Refund Policy

Refunds are issued only for the following reasons:
A full refund will be issued for any program cancelled by Recreation & Parks. A refund request because of illness or accident must be submitted in writing and accompanied by a doctor's note. Refunds will be prorated based on the date received, with a 10% service charge.

Cancellation Policy

In case of inclement weather, cancellations will be announced on the Recreation & Parks Hotline at 422-1302, and on radio station WHUD FM (100.7).
All efforts will be made to reschedule classes canceled due to weather conditions or scheduling conflicts. However there is no refund or pro-rated fee due to missed classes.

White Plains Recreation & Parks Alerts

Receive important information regarding recreation activities, weather related cancellations and game postponements by registering for RecAlerts. RecAlerts are reliable and free. There is no spam, no hidden cost; you receive messages as part of your cell phone text messaging plan (standard text messaging rates apply). To register use your cell phone, text "RecAlert" to 888777.

Program Registration

Registration for all programs begins four (4) business days following the mailing of the Guide. Online registration begins five (5) business days following the mailing of the guide.

All registration fees are payable at the time of registration. Class sizes are limited, so register early! Payment can be made by cash, check or credit card (MasterCard, Visa, or American Express). Please make checks payable to "The City of White Plains". Financial assistance may be available to qualified applicants. Federal Income Tax Form 1040 tax year, 2013 must accompany application.

Mail-In, Walk-In or visit www.whiteplainsregistration.com. All individuals will be able to browse our online brochure, however, if you wish to take advantage of online registration available for most of our programs, **you will be required to visit our office and provide proof of residency**. We will then provide you free of charge a WEBACCESS PASS for the convenience of future program registration.

Nonresidents may register for most programs but will be charged an additional fee dependent on the program. See specific programs for additional cost. No Scholarships available for nonresidents. Limited enrollment.

Registration for programs will be held at the Recreation Administration Office at 85 Gedney Way, Monday through Friday, 8:30am-5:15pm and Saturdays, 9am - noon. A \$20 fee will be charged for all returned checks.

Resident ID cards are issued on an annual basis, and can be obtained in person upon presenting two acceptable proofs of residency at the Recreation Administration Office.

Recreation ID Card Fees:

Adult (18 and older)	Initial \$11	Renewal \$9
Youth (5 to 17)	Initial \$7	Renewal \$6
Senior Citizens	Lifetime Ages 70 and Older \$10	
Lost Card	Replacement Fee \$11	

Acceptable Proofs of Residency: Adult:

Acceptable Proofs of Residency: Adult: Driver's license photo ID, utility bills, lease or cancelled checks. Youth: School ID card, library card, driver's permit or license. Youth without photo ID must be accompanied by a parent. A resident is a person who lives in the City of White Plains. Owning property in White Plains does not necessarily qualify a person as a resident.

Notice: The Department of Recreation & Parks reserves the right to cancel a program or adjust fees prior to actual starting date.

Registracion de Programas

COMO INSCRIBIRSE

COMO INSCRIBIRSE

Todos los costos de inscripcion deben pagarse al momento de la inscripcion.

Tamaño de las clases es limitado, registrense temprano! Pago puede ser echo en efectivo, cheque, o credito (Mastercard, Visa, o American Express). Por favor haga los cheques a nombre de "The City of White Plains". Ayuda financiera puede estar disponible para los solicitantes calificados. Declaracion de impuestos Federales 1040 año fiscal, de 2013 tiene que acompañar la solicitud.

Por correo, en persona, o visitar www.whiteplainsregistration.com. Todos los individuos seran capaces de navegar por nuestro folleto por el web, sin embargo, para tomar ventaja de registro por el web para la mayoría de nuestros programas se le requiere visitar nuestra oficina y necesitamos prueba de residencia. Entonces vamos a ofrecer gratuitamente un pase de acceso al web para la comodidad de registro de programas en un futuro.

Inscripcion para los programas se llevara a cabo en la oficina administrativa de parques y recreo en 85 Gedney Way, Lunes a Viernes, 8:30am - 5:15pm y Sabados, 9am - medio dia. Una tarifa de \$20 se cobrara por todos los cheques devueltos.

TARJETA DE IDENTIFICACION DE RECREO

Las tarjetas de indentificacion de residentes se emiten sobre una base anual, y pueden se obtenida en persona al presentar dos pruebas aceptables de residencia en la Oficina Administrativa de Recreo.

Tarifas:

Adultos (18 o mas)	Inicial \$11	Renovacion \$9
Joven (5 a 17)	Inicial \$7	Renovacion \$7
Envejeciente (70 o mas)	\$10 de por vida	
Reemplazo, tarjeta perdida	\$11	

Pruebas Aceptables de Residencia: Adulto:

Licencia de conducir, facturas de servicios publicos, arrendamiento, o cheques cancelados. Joven: Tarjeta de identificacion de la escuela, tarjeta de biblioteca, permiso de conducir or licencia de conducir. Joven sin identificacion debe se acompañado por su pariente. Un residente es una persona que vive en la Ciudad de White Plains. Ser dueño de una propiedad en White Plains no califica necesariamente una persona como residente.

Nota: El Departamento de Parques y Recreo reserva el derecho de cancelar un programa o ajustar la tarifar antes de la fecha real de comienzo.

www.cityofwhiteplains.com

Where to go, What to do, Way of Life!
City of White Plains Recreation & Parks

Pre-School Programs

Nonresident fee is an additional 20%

Arts & Crafts “Sticky Fingers”

Children have a great time with arts and crafts activities using a variety of art mediums. A smock or oversized t-shirt is necessary.

Age Group	3-5 Years
Day/Time	Monday, 10 Sessions 3 Years with Caregiver
Course #	211010-C1 Begins September 15 12:30-1:15pm, No Session 10/13, 10/27
Course #	211010-C2 Begins January 5 12:30-1:15pm, No Session 1-19, 2/16
Course #	4-5 Years, Children Only 211010-C3 Begins September 15 1:45-2:30pm No Session 10/13, 10/27
Course #	211010-C4 Begins January 5 1:45-2:30pm No Session 1/19, 2/16
Location	Gillie Recreation Room
Registration Fee:	On going \$120

Funtastic Fitness

This class is an introduction to fitness through aerobics, calisthenics and movement games. Children have fun while getting fit and building coordination, balance and stamina; comfortable clothing and sneakers necessary.

Age Group	4-5 Years, Children Only
Day/Time	Wednesday, 12:30-1:30pm, 10 Sessions
Course #	211010-F1 Begins September 17 No Session 10/29
Course #	211010-F2 Begins January 7 No Session 2/18
Location	Gillie Recreation Room
Registration Fee	On going \$120



Make & Shake

new

A creative movement class featuring great music, props and imaginative activities with crafts. Children will improve coordination, strength and social skills as they go on a themed movement adventure. The class is led by a certified LeapSmart instructor.

Age Group	3-5 years
Day/Time	Monday, 3-3:45pm Begins September 22, 8 Sessions No Session 10/13
Location	Gillie Recreation Room
Registration Fee	Ongoing \$120 Check payable to LeapSmart

Play Groups

Schedule a play date and share ideas with others while having fun. Children have a great time interacting in a variety of activities: singing, parachute play, bubble making, creative movements, crafts and storytelling.

Age Group	18 Months-2 Years With Parents/Caregivers
Day/Time	Monday, Tuesday, Wednesday, or Thursday, 9:30-10:30am, 10 Sessions,

Explorers - 18 months-24 months

Course #	211010-M1 Monday, Begins September 15, No Session 10/13, 10/27
Course #	211010-N1 Tuesday, Begins September 16, No Session 10/28, 11/4, 11/11
Course#	211010-M2 Monday, Begins January 5 No Session 1/19, 2/16
Course#	211010-N2 Tuesday, Begins January 6 No Session 2/17

Terrific Twos (2 years)

Course#	211010-W1 Wednesday, Begins September 17 No Session 10/29
Course#	211010-W2 Wednesday, Begins January 7 No Session 2/18
Course#	211010-TA Thursday, Begins September 18 No Session 9/25, 10/30, 11/27
Course#	211010-TB Thursday, Begins January 8 No Session 2/19
Location	Gillie Recreation Room
Registration Fee	Ongoing \$120

Pre-School Programs

Pre-Ballet Program

A playful introduction to the world of ballet, music and creative movement. Children learn about rhythm, balance and stretching, as well as classic ballet names, forms and sequences. Students can wear a leotard with tights or form fitting clothes. Ballet shoes are recommended.

Age Group	3-5 Years
Day/Time	Wednesday, 12 Sessions 3 Years with Caregiver
Course #	211010-BA 2:30–3:15pm Begins September 17, No Session 10/29, 11/26
Course #	211010-BB 2:30–3:15 pm Begins January 21, No Session 2/18, 4/1
Course #	4 & 5 Years, Children Only 211010-BC 3:30–4:15pm Begins September 17 No Session 10/29, 11/26
Course #	211010-BD 4:30–5:15pm Begins September 17 No Session 10/29, 11/26
Course #	211010-BE 3:30–4:15pm Begins January 21 No Session 2/18, 4/1
Course #	211010-BF 4:30–5:15pm Begins January 21 No Session 2/18, 4/1
Location	Gillie Recreation Room
Registration	Ongoing
Fee:	\$135 (Includes Dress Rehearsal & Recital) TBA



Parent-Tot Ice Skating program

Call 422-1390

In October for more Information

Soccer Pre Kickers

This program offers instruction geared to introduce and build your child's soccer experience. Soccer cleats, shin guards, and athletic clothing are recommended.

Age Group	Pre K
Day/Time	Saturday, 9-10am
Course #	220510-PK Begins September 20, 6 Sessions No Session 10/4, 10/25
Location	George Washington School
Registration	Ongoing Deadline September 13
Fee	\$65



Sport Squirts Clinic

Introduces a variety of sports: Tball, basketball, lacrosse, and hockey. All activities promote hand-eye coordination, movement and balance, and most importantly, FUN, FUN, FUN!

Age Group	3-5 years
Day/Time	Tuesday, 2:00-2:45pm, Begins September 16, 7 Sessions
Location	Delfino Park
Registration	Ongoing
Fee	\$110 Check payable to US Sports Institute

Superstar Tumblers

A gymnastic class especially for preschoolers! Your children will learn basic gymnastic skills, progressions, circuits and vocabulary while improving their strength, flexibility, balance, coordination and confidence.

Age Group	3-4 years
Day/Time	Monday, 4–4:45pm, Begins September 22, 8 Sessions No Session 10/13
Location	Gillie Recreation Room
Registration	Ongoing
Fee	\$115 Check payable to LeapSmart

Pre-School Programs

Swim Parent/Tot

A program designed to introduce and aid you in your child's adjustment to aquatics. Our program offers parents the opportunity to encourage and guide their children in a well-organized aquatics setting. Parents must accompany their child in all aquatic activities.

Age Group 2-4 years **with Parents/Caregivers**
Day/Time Saturday, 1:30-2:00pm 8 Sessions
Course # **211010-S4** Begins Saturday, October 11,
No Session 11/29

Course # **211010-S8** Begins Saturday, January 10,
No Session 2/14, 2/21

Location White Plains High School Pool
Registration Ongoing Classes are limited to 16 participants per group You may register for Session I & II
Fee \$90



T-Ball Squirts Clinic

US Sports Institute will introduce young sluggers to the exciting game of baseball! T-Ball Squirts focuses on the fundamental skills of the game; including, hitting, throwing, catching and running the bases.

Age Group 3 -5 years
Day/Time Tuesday, 4-4:45pm, Begins September 16,
 7 Sessions
Location Delfino Park
Registration Ongoing
Fee \$120 **Check payable to US Sports Institute**

Tumbling for Tots

Basic introduction to tumbling and flexibility, children have a great time learning and practicing somersaults, handsprings and interacting with other children. Children will work with some apparatuses (rings and balance beam) and have a fun time tumbling on mats.

Age Group 4 -5 years
Day/Time Friday 6:00-6:30pm or Saturday 9:00-9:30am,
 6 Sessions

Course # **211010-T1** Begins Friday, October 10
No Session 10/31

Course # **211010-T2** Begins Saturday, October 11
No Session 9/27, 10/4, 11/29

Course # **211010-T3** Begins Friday, January 9
No Session 2/13, 2/20

Course # **211010-T4** Begins Saturday, January 10
No Session 2/14, 2/21

Location Ridgeway School Gymnasium
Registration Ongoing
Fee \$100



YOUTH PROGRAMS

Nonresident fee is an additional 20%

BASKETBALL PROGRAMS

Come in the gym and score your way through the Winter! We offer various basketball programs for children, where young athletes learn about the game, begin skill work and understand the meaning of teamwork and play games. Dribble your way in and join our coaches and staff at the gym and get ready for tip-off!

Basketball Instruction

Our Basketball Instruction programs introduce players to the basic fundamentals of basketball. Children practice dribbling, shooting, passing, and defense.

Age Group	K-2
Day/Time	Saturday, FALL Begins October 11, 8 Sessions
Course #	220310-A0 Grade K 9-10am
Course #	A1 Grade 1 10:15-11:15am
Course #	A2 Grade 2 11:30-12:30pm
Course #	A3 Grades 1 & 2 12:45-1:45pm
Course #	A4 Grades 1 & 2 2-3pm
Location	No Session 11/29 Post Road School, Gymnasium
Course #	WINTER , Begins January 10, 8 Sessions
Course #	220310-A5 Grade K 9-10am
Course #	A6 Grade 1 10:15-11:15am
Course #	A7 Grade 2 11:30-12:30pm
Course #	A8 Grades 1 & 2 12:45-1:45pm
Course #	A9 Grades 1 & 2 2-3pm
Location	No Session 2/14, 2/21 Church Street School, Gymnasium
Registration Fee	Ongoing \$65

White Plains Recreation Night with the WESTCHESTER KNICKS

Join your friends and classmates at the Westchester County Center for a night of basketball and entertainment with the Westchester Knicks, an NBA Development League affiliate of the New York Knicks. On this special night, City of White Plains youth will be recognized as we cheer on the Knicks in our own section. Half-time entertainment will include a basketball game featuring select players from White Plains. Food, fun and giveaways will equal a great night of basketball fun.

PURCHASE YOUR TICKETS AT THE RECREATION OFFICE. Limited amount available, \$10 per ticket

Basketball Recreation League

Teams practice on weekdays between the hours of 6-9pm in preparation to play in games. Basketball sneakers, shorts without pockets, zip-pers, or Velcro, are recommended. League play is determined by grade 3-9 and is gender specific. **VOLUNTEER COACHES ARE NEEDED.** If Interested in Coaching, Call 422-1347.

Age Group	Grades 3-9
Day/Time	Weekday Evenings & Saturdays Practices Begin December, Season Begins January
Course #	220310-B1 Gr. 3-4 Boys
Course #	B2 Gr. 5-6 Boys
Course #	B3 Gr. 7-9 Boys
Registration Fee	Ongoing DEADLINE November 15 \$65-Residents only Note-New Player Evaluation Monday, 11/17 Boys & Girls grades 3/4 Tuesday, 11/18 Boys & Girls grades 5/6 Church Street School, 6-8pm

"March Madness Fun Tournament"

Third annual season-ending tournament for all teams participating in Recreation League Basketball. All teams are guaranteed one tournament game.



YOUTH PROGRAMS

Basketball Travel Teams

Our Competitive Travel Basketball Teams are gender specific and compete in league play against other travel teams. All participants MUST pre-register to participate in Try Outs to be held in October. All players selected will receive a uniform; participation in recreation basketball league and the County Center tournament. Additional information, please contact George Price, Program Supervisor 914 422-1347 **White Plains Residents Only.**

Ages	Grades 5-8		
Day/Time	Varies, September-March		
Course #	225910-B1	Boys Gr 5	225910-G1 Girls Gr 5
Course #	B2	Boys Gr 6	G2 Girls Gr 6
Course #	B3	Boys Gr 7	G3 Girls Gr 7
Course #	B4	Boys Gr 8	G4 Girls Gr 8
Location	Various School Gyms		
Registration:	Ongoing		
Fee	TBD, Due upon Selection to Team		

FREE CLINICS

Boys

Grade	Dates	Time	Locations
5&6	Sept. 29	6:30-8pm	Highlands Middle School (North Gym)
7&8	Sept. 30	6:30-8pm	Highlands Middle School (North Gym)

Girls

Grade	Dates	Time	Locations
5&6	Oct. 6	6:30-8pm	Highlands Middle School (North Gym)
7&8	Oct. 7	6:30-8pm	Highlands Middle School (North Gym)

FREE TRY OUTS

Girls

Grade	Dates	Time	Locations
5	Oct. 14 & 17	6-7:30pm	Church St. School Gym
6	Oct. 14 & 17	7:30-9pm	Church St. School Gym
7	Oct. 15 & 16	6-7:30pm	Church St. School Gym
8	Oct. 15 & 16	7:30-8pm	Church St. School Gym

Boys

Grade	Dates	Time	Locations
5	Oct. 14 & 17	6-7:30pm	Highlands Middle School
6	Oct. 14 & 17	7:30-9pm	Highlands Middle School
7	Oct. 15 & 16	6-7:30pm	Highlands Middle School
8	Oct. 15 & 16	7:30-8pm	Highlands Middle School

Team Selection Oct 20-24
Practices Begins October

Ballet and Tap Dance Program

This class is designed for children who want to explore a variety of movement styles. Students will learn ballet and tap dance forms, stretches, rhythms and short combinations. Children should wear a leotard with tights or form fitting clothes. Ballet and tap shoes are recommended.

Age Group	Grades 1-4
Day/Time	Wednesday, 5:30-6:30pm
Course #	211010-BG Begins September 17, 12 Sessions No Session 10/29, 11/26
Course #	211010-BH Begins January 21, No Session 2/18, 4/1
Location	Gillie Recreation Room
Registration	Ongoing
Fee:	\$135 (Includes Dress Rehearsal & Recital) Dress Rehearsal & Recital TBA

Beginner Fashion Sewing

Participants will learn the different parts of the sewing machine and how to trouble shoot. They will create the different basic and designer stitches. Each week students will work on a different technique to be chronicled in a fashion note book.

Age Group	9-16 Years
Day/Time	Tuesday, 7-8:30pm Begins September 23, 8 Sessions No Session 11/11
Location	WFAC Studio (located at 31 Mamaroneck Ave)
Registration	Ongoing
Fee:	\$130 Check Payable to WFAC (Supplies Included)

Beginner Tumbling and Flexibility Program

Children will be introduced to tumbling and have a great time practicing somersaults and handsprings. They will also enjoy interacting with other children while working on proper flexibility. Children will work with some apparatuses (rings and balance beam), as well as on the tumbling mats.

Age Group	Grades 1-6
Day/Time	Friday, 6:45-7:30pm, Saturday, 9:45-10:30am, 8 Sessions
Course #	221810-F1 Begins Friday, October 10, No Session 10/31, 11/28
Course #	221810-F2 Begins Friday, January 9, No Session 2/13, 2/20
Course #	221810-S1 Begins Saturday, October 11, No Session 11/29
Course #	221810-S4 Begins Saturday, January 10, No Session 2/14, 2/21
Location	Ridgeway School Gymnasium
Registration	Ongoing
Fee:	\$120

YOUTH PROGRAMS

Cheerleading

Children have a great time learning the fundamentals and techniques of cheerleading. They will learn basic cheers, formations, and team cadence, while having a great time showing their cheering spirits.

Age Group Grades 1-5
Day/Time Thursday, 3:30-4:30pm
Course # **224410-C1** Begins October 2, 10 Sessions
No Session 11/27
Location George Washington School Gym
Registration Ongoing
Fee: \$80



Fashion Sketching

Designers will learn how to properly sketch the face, hands, hair, and many garments such as necklines, sleeves, jeans, tops, dresses, and gowns.

Age Group 9-16 Years
Day/Time Tuesday, 5:30-6:30pm Begins September 23, 8 Sessions **No Session 11/11**
Location WFAC Studio (located at 31 Mamaroneck Ave)
Registration Ongoing,
Fee \$130 **Check Payable to WFAC** (Supplies Included)

Hip-Hop

Join this fun and exciting class! Children have a great time learning how to move to different rhythms and beats while adding their own spice and attitude. Class will focus on upper and lower body coordination. Children get active, create new friends and learn to dance, all at the same time. Students should wear comfortable clothing.

Age Group Grade 1 - 4
Day/Time Tuesday or Thursday, 4:30-5:30pm
Grades 1-2
Course # **215710-HA** Tuesday Begins September 16, 12 Sessions **No Session 10/28, 11/4, 11/11**
Course # **215710-HB** Tuesday Begins January 20, 12 Sessions **No Session 2/17, 3/31**
Grades 3-4
Course # **215710-HF** Thursday Begins September 11, 12 Sessions **No Session 9/25, 10/30, 11/27**
Course # **215710-HW** Thursday Begins January 15, 12 Sessions **No Sessions 2/19, 4/2**
Location Gillie Recreation Room
Registration Ongoing,
Fee \$135 (includes dress rehearsal & recital)
Dress Rehearsal and Recital TBA

Gift Making Workshop!

During this 3 hour workshop students will create four different projects that can be given as gifts. Students will take part in a structured drawing lesson and create everything from fabric bags to decorative ornaments for the holiday season!

Age Group Grades K-5
Day/Time Saturday December 6, 9am-12noon
Location Gillie Recreation Room
Registration Ongoing
Fee \$36 **Make Check payable to Kidzart**

KidzArt

Each session introduces new, unique, drawing-based projects! The classes promote problem solving, improved learning, build confidence and celebrate individual style.

Fall Session

Students will create a fabric banner, a handmade dream catcher, a mosaic project, along with many other exciting projects!

Age Group Grade K-4
Day/Time Monday, 5-6pm, 8 Sessions
Begins September 22,
No Session 10/13 & 10/27
Location Gillie Recreation Room
Registration Ongoing
Fee \$128 **Make Check payable to Kidzart**

Winter Session

Brand NEW session with all new projects and mediums. Students will create an abstract sculpture, a flair pen painting, and several other works of art!

Begins January 5, No Session 1/19 & 2/16
Location Gillie Recreation Room
Registration Ongoing
Fee \$128 **Make Check payable to Kidzart**



YOUTH PROGRAMS

Intermediate Tumbling and Flexibility Program

A great time is had by children being physical while working on proper flexibility, practicing somersaults and handsprings. All children must be able to perform backbends to take advantage of and expand their tumbling abilities in our intermediate classes. Participants will also work with some apparatuses (rings, balance beam) as well as on the tumbling mats.

Age Group	Grades 1-6
Day/Time	Friday, 7:45-8:30pm, Saturday, 10:45-11:30am, 8 Sessions
Course #	221810-F3 Begins Friday, October 10, No Session 10/31, 11/28
Course #	221810-F4 Begins Friday, January 9 , No Session 2/13, 2/20
Course #	221810-S3 Begins Saturday, October 11, No Session 11/29
Course #	221810-S4 Begins Saturday, January 10, No Session 2/14, 2/21
Location	Ridgeway School Gymnasium
Registration	Ongoing
Fee	\$180

Lacrosse Association, White Plains

This program teaches beginners and young players the basic skills necessary to play in competitive games.

Age Group	Grades 1-8, Girls Grades 3-8
Registration	Begins December: Applications are available at www.wplax.com .

My Art Treasure/Creative Explorations

This class focuses on the creative potential of your child in a supportive learning atmosphere. Instruction is designed to provide the basics of art learning, encouraging the development of studio habits, the use of art vocabulary, reinforcing proper social skills as we react to other's artwork, connecting to our own, reinforcing motor skills and taking pride in our efforts while exploring different mediums. Age appropriate activities include: drawing, painting, print & collage-making & working with clay.

Age Group	Grades 1 – 4
Day/Time	Wednesday 4:30 – 5:30pm.
Course #	223010-AF Begins September 17, 12 Sessions No Session 11/26
Course #	223010-AW Begins January 7, 10 Sessions No Session 2/18
Location	Community Center, 65 Mitchell Place
Registration	Ongoing.
Fee	\$120 12 Sessions (Supplies Included) \$100 10 Sessions (Supplies Included)

“No-Go-Yell-Tell” Stranger Danger Program

This is a child safety program, designed to give children the skills to remain safe today. Simple and effective strategies against stranger danger are practiced through role playing in a safe, fun, caring environment.

Age Group	6-11 Years
Day/Time	Saturday, March 7, 10-11:30am
Course #	225010-S2
Location	Gillie Recreation Room
Registration	Ongoing
Fee	\$5 must pre-register

Quick Start Tennis

What makes tennis fun for children is being able to rally a ball back and forth over the net. In cooperation with the USTA, We offer Quick Start Tennis. Quick Start tennis is a program designed to instruct children at the beginner level in the skills needed to play and most of all enjoy the game of tennis. Utilizing smaller tennis courts, foam and oversized tennis balls, the child will learn the game of tennis. All equipment for this program is provided.

Age Group	Grades 1-6
Day/Time	Wednesday, 5-6pm
Course #	221210-01 Begins September 10, 4 Sessions, No Session 9/24
Location	Gillie Park
Registration	Ongoing.
Fee	\$85

Safe on My Own

This program will provide each child with the essentials needed when they are home without adult supervision. Discussion will cover First Aid, telephone & door answering, activity plans, emergencies & more!

Age Group	Grades 5-8
Day/Time	Monday, March 2, 6-8:30pm
Course #	225010-S1
Location	Gillie Recreation Room
Registration	Ongoing
Fee	\$5 must pre-register!

Smart Start Sports Program

This program creates a solid foundation for sports activities by promoting safe and meaningful sports for children. Parents/Caregivers work together with their children to develop proper throwing, kicking, batting, shooting, and catching skills that are needed for organized sports participation. Parents/Caregivers must attend and participate in this program with their children.

Age Group	4-6 Years with Parents/Caregivers
Day/Time	Saturday, 9:15-10am
Course #	124210-04 Begins January 10, 6 Sessions No Session 02/14, 02/21
Location	Mamaroneck Ave School Gym
Registration	Ongoing
Fee	\$65

YOUTH PROGRAMS

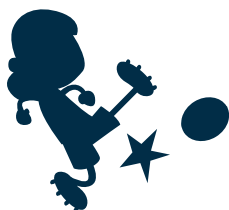
SOCCER

Come on out to the field and kick your way through the Fall! We offer various soccer programs for children, where players will begin to learn the game and various skills, as well as team work. Athletes will develop their skills and learn how to compete in game situations. All athletes will receive trophies and a t-shirt.

3rd Annual World Cup Tournament

End of the season tournament for all the teams participating in the Recreation League. All teams are guaranteed at least one game and will receive medals last weekend of soccer play.

New this year, the 3rd-6th Graders will compete with neighboring towns in our Recreation Travel League! So come on in and join us on the field and get ready for game time! **VOLUNTEER COACHES ARE NEEDED FOR LEAGUE PLAY. IF YOU ARE INTERESTED IN COACHING CALL 422-1351**



Kinder Kickers

Age Group Kindergarten
Day/Time Saturday, 10:15-11:15am,
Course # 220510-KK Begins September 20, 6 Sessions
No Session 10/4, 10/25
Location George Washington School
Registration Ongoing, **Deadline September 13**
Fee \$65

First Kickers

Age Group Grades 1
Day/Time Saturday, 11:30am-12:30pm,
Course # 220510-01 Begins September 20, 6 sessions
No Session 10/4, 10/25
Location George Washington School
Registration Ongoing, **Deadline September 13**
Fee \$65

Soccer League Play

Athletes will practice and participate in games. Soccer cleats, shin guards, and athletic clothing are recommended.

Age Group Grades 2-6
Day/Time Saturday, Begins September 20, 7 Sessions
No Session 10/4, 10/25
Course # 220510-02 2nd
Course # 03 3rd
Course # 04 4th
Course # 05 5th
Course # 06 6th
Location Various fields throughout local area.
Registration Ongoing, **Deadline September 13**
Fee \$65

Soccer Sunday Play

Athletes will build on skills and experience drills to prepare them for games. This program provides kids the opportunity to play their sport in non-competitive scrimmage games. Soccer cleats, shin guards, and athletic clothing are recommended.

Age Group Grades K-7
Day/Time Sunday, Begins September 21, 6 Sessions
Course # 220510-08 Grade K-3, 10:15-11:15am
Course # 220510-09 Grade 4-7, 11:30am-12:30pm
Location Ralph Avenue Field
Registration Ongoing, **Deadline, September 13**
Fee: \$65

Soccer Travel Teams - Coordinated by White Plains Youth Soccer

More information Contact: Alejandro Galeano - (914) 924-7266
alejo2384@hotmail.com U8-U18 boys and girls



Swim FREE Family FUN

A **FREE** Family FUN oriented activity on Friday nights or Saturday afternoons. All children under 13 must be accompanied by an adult, No Swim Diapers Allowed. All participant **MUST** have a Valid Recreation ID Card to swim.

Age Group Grades Pre K-Adult
Day/Time Friday, 7-9pm, Saturday, 2:30-4pm, 8 Sessions
 Begins Friday, October 10
 Begins Saturday, October 11
No Session 10/31, 11/28, 11/29
Location WPHS Pool
Registration **On-Site Children under 13 must be accompanied by an adult.**
No Swim Diapers Allowed
Fee Valid Recreation and Parks ID Required

YOUTH PROGRAMS

Swim Instruction-Beginners

This program is to learn basic water safety skills and introduction to swimming. American Red Cross curriculum followed. Lessons are 30 minutes, 15 minutes pool time to practice and play.

Age Group	Grades 1-8, 8 Sessions
Day/Time	Tuesday, 6:45pm or 7:30pm, Saturday 10:30am or 11:30am
Course	220110-T1 6:45-7:30pm Begins September 30
Course	T2 7:30-8:15pm
	No Session 11/4, 11/11
Course	220110-S1 10:30-11:15am Begins October 11
Course	S2 11:30am-12:15pm
	No Session 11/29
Course	220110-T4 6:45-7:30pm Begins January 6
Course	T5 7:30-8:15pm
	No Session 2/17
Course	120110-S5 10:30-11:15am Begins January 10
Course	S6 11:30am-12:15pm
	No Session 2/14, 2/21
Location	White Plains High School Pool
Registration	Ongoing
Fee	\$90

Swim Instruction-Intermediate to Advance Swimmer

This program is to refine and enhance stroke development and give you a competitive edge in the pool. American Red Cross curriculum followed. Must be a swimmer to take this class.

Age Group	Grades 1-8
Day/Time	Tuesday 8:15-9:00pm. Saturday 12:30-1:15pm
	8 Sessions
Course	220110-T3 8:15-9:00pm Begins September 30
	No Session 11/4, 11/11
Course	220110-S3 12:30-1:15pm Begins October 11
	No Session 11/29
Course	220110-T6 8:15-9:00pm Begins January 6
	No Session 2/17
Course	220110-S7 12:30-1:15pm Begins January 10
	No Session 2/14, 2/21
Location	White Plains High School Pool
Registration	Ongoing
Fee	\$90



Taiko Drumming

Learn the technique and skill of traditional Taiko Masala drumming. Students will get an introduction to this exciting, energetic and unique drumming experience. Drums will be provided. Students will perform at the White Plains Tree Lighting, December 7.

Age Group	Grade 1-Adult
Day/Time:	Sunday, 10-11am, Begins September 14, 6 Sessions No Session 10/26
Location	Gillie Community Room, Gedney Way
Registration	Ongoing
Fee	\$85 Resident, \$100 Non-Resident
	Check payable to Niji No Kai

TEENS ONLY No Parents Allowed Grades 5-8th

Programs will be exciting, social & exuberating and will be well supervised by experienced recreation staff. Bring along your old friends or meet new ones. **SCHOOL ID REQUIRED, RESIDENTS ONLY.**

Back-to-School Dance Party

DJ rocks Delfino Park as we celebrate fall, friends and back-to-school!

Age Group	Grades 7 & 8
Day/ Time	Friday, September 12, 7:30-10pm
Location	Ebersole Ice Rink
Registration	Must have school ID
Fee	\$8

Back-to-School 6th Grade Dance

Meet new friends, test your skills at volleyball, play music games, sing, dance, inflatable obstacle course, at this fall fun night, concession open.

Age Group	Grade 6
Day/ Time	Friday, September 19, 7-9:30pm
Location	Ebersole Ice Rink
Registration	Must have school ID
Fee	\$8

Outdoor Adventure Teen Night

Come and party with your friends, dance to the music of our DJ, strategize with teammates during an exciting game of laser tag, navigate our obstacle course and rock wall. All equipment will be provided. Concession stand will be open.

Age Group	Grades 5-8
Day/ Time	Friday, October 3, 7-10pm (October 10th, Rain date)
Location	Delfino Park, Lake Street
Fee	\$8

YOUTH PROGRAMS

Tennis Instructions

This is an instructional program designed for the beginner as well as the more advanced player. The goals; include the following areas of fundamentals, proper grip of racquet, development of a forehand and back hand game, as well as learning the etiquette and rules of the game of tennis. Through development of basic tennis skills an individual can develop a lifelong interest in a healthy activity.

Age Group Grades 4-9
Day/ Time Thursday, 5-6pm
Course # 221210-02 Begins September 11, 4 Sessions
No Session 9/25
Location Gillie Park
Registration Ongoing
Fee \$85



Holiday Dance with DJ and dessert table

Bring in the holidays and spend the night dancing with friends. Donate a toy or canned good to a needy child. Dessert will be served.

Age Group Grades 6-8
Day/ Time Friday, December 12, 7-10pm
Location Eastview Gymnasium
Fee Free **Pre-Registration required-space limited**

Superbowl Party, Flag Football & Football Trivia

Wear your favorite team's jersey while you play a game of flag football. Afterwards, test your football knowledge while we play a game of football trivia. Prizes will be awarded to the trivia winners. Food and refreshments will be served.

Age Group Grades 5-8
Day/Time Friday, January 23 7-10pm
Location Eastview Gymnasium
Fee \$5

Winter-Fest Dance with DJ & Ice-Skating

Come and ice-skate with your friends, dance to the music of the DJ and have a fun-filled night. Concession stand will be open.

Age Group Grades 5-8
Day/Time Saturday, February 7, 8-11pm
Location Ebersole Ice Rink, Delfino Park
Fee General Admission to Rink, \$5 skate rental

TGA Golf Instruction

Age Group Grades K-7
Day/Time Monday, Begins September 15, 6 Session
 K-1, 4:30-5:30pm
 2-4, 5:30-6:30pm **No Session 10/13**
Location New York Hospital (Rain site, Delfino Park)
Registration Ongoing
Fee \$180 **Check payable to TGA**

Track & Cross Country

Learn the basics of track & cross country. This non-competitive recreational program will introduce participants to the skills necessary for a lifetime of enjoyment, strength training and health from running.

Age Group Grades 3-8
Day/ Time Tuesday and Thursday, 6:30-7:30pm
Course # 221110-TF Begins September 9, 12 Sessions
No Session 9/25
Location Highlands Middle School Parker Stadium
Registration Ongoing
Fee \$80

Party Room Ebersole Ice Rink

Are you looking to host an Ice Skating Birthday party, you don't have to look further than Ebersole Ice Rink. The Party room at Ebersole Ice Rink is available for groups up to thirty. There are many party packages available for both the use of the Party room during Public Skating sessions as well for any other occasion you may be planning. Let the staff at Ebersole Ice Rink make that birthday party or other special event happen! For further information you can contact Ebersole Ice Rink at 914 422-1390 or e-mail Matt Hanson at mhanson@whiteplainsny.gov

White Plains Little League

Registration Starts in Early December
Register Online at
www.whiteplainslittleleague.com

Age Group Boys & Girls, 5-15 Years
Scholarships Available!

Great White Plains Camp Out

Camp Out overnight in your own community. Overnight camping and all activities included in fee. Activities include: nature workshops, hiking, games, magic show, outdoor movie, campfire, ghost stories and leisure fun under the stars.

Age Group Open to Families and Scout Groups
Day/ Time Saturday, September 20 check-in after 2pm
 Checkout by 11am September 21
Location Delfino Park Lake Street
Registration Deadline September 15
Fee \$50 Campsite, Maximum 6 People

Programs for People with Differing Abilities

For Youth, Teens and Adults

White Plains Recreation & Parks provides a variety of recreational fun & leisure programs for individuals with developmental disabilities. We are committed to providing facilities and programs which meet the needs of our residents. For more information regarding accessibility at our parks visit our website at www.whiteplainsny.gov for program information contact Matt Hanson, Recreation Supervisor II, 422-1363.

How Do New Participants Join the Program?

Before registering for programs, all new prospective participants must complete an intake interview and provide required documentation. To make an appointment, call Matt Hanson, 422-1363.

Registration & Payment

Ongoing at the Recreation Office 85 Gedney Way for resident and non-resident individuals who reside at home with a parent/caregiver.

In addition to the program fee, there may be additional money required for some activities.

Recreation Buddies

We are committed to ensuring that all programs are available to resident youth to participate in regardless of their disability or other barriers that would preclude them from participation. It is our goal to enable all young people to realize their full potential through age appropriate recreation activity. If you feel your child could benefit from a Recreation Buddy to aid in their participation, call Matt Hanson, 422-1363.

For additional recreation opportunities White Plains Recreation Parks has partnered with Greenburgh Parks & Recreation.

For more information on program offerings, please contact Noel Broccoli @ 693-8985, ext 128

Nonresident fee is an additional 20% Youth Programs

HIP-HOP

Children will have a great time learning how to move to different rhythms and beats while adding their own spice and attitude. Class will focus on upper and lower body coordination. Children will get active, create new friends and learn to dance, all at the same time. Students should wear comfortable clothing.

Age Group Grades K– 4
Day/Time Thursday, 5:45–6:45pm, 8 Sessions
Course # 215710-HF Begins September 11

No Session 9/25

Course # 215710-HW Begins January 15

No Session 02/19

Dress Rehearsal & Recital TBA

Location Gillie Recreation Room
Registration Ongoing
Fee \$64

Mixed Bag of Arts

This class offers children an opportunity to explore different art media and complete a variety of fun and creative projects.

Age Group Grades 3-8
Day/Time Wednesday, 5:30–6:30pm, 4 Sessions
Course # 215150-A1 October 1

Course # 215150-A2 February 25

Location Community Center, 65 Mitchell Place
Registration Ongoing
Fee \$32

Move & Groove

Musical games, dance movements and fun activities that will get you in the groove.

Age Group Grades 3-8
Day/Time Monday, 5:30–6:30pm, 8 Sessions
Course # 215150-M1 Begins September 22

No Session 10/13

Course # 215150-M2 Begins January 12

No Session 1/19, 2/16

Location Community Center, 65 Mitchell Place
Registration Ongoing
Fee \$64

Sports Skills

Learn a variety of seasonal sports from basketball, soccer and more!

Age Group Grades 3-8
Day/Time Thursday, 6:30 – 7:30 pm
Course # 215150-S1 Begins November 6, 4 Sessions

No Session 11/27

Course # 215150-S2 Begins January 15

Location Ridgeway School
Registration Ongoing
Fee \$32

Programs for People with Differing Abilities

Youth Social Night

Have fun with friends participating in games, crafts, and a variety of themed activities.

Age Group	Grades 3-8
Day/Time	Friday, 6:00–7:30pm
Course #	251510-N1 September 12, October 10 Halloween Party November 7, December 5 Holiday Party
Course #	251510-N2 January 16, February 6 Valentines Party, March 6
Location	Community Center, 65 Mitchell Place
Registration	Ongoing
Fee	\$40

Teens & Adults

Nonresident fee is an additional 20%

Art -n- Games

Enjoy creating fun art projects, games and other social activities.

Age Group	15 & Older
Day/Time	Tuesday, 6:30 – 8:30pm 8 Sessions
Course #	251510-F1 Begins September 23-November 18
Course #	251510-W4 Begins January 13-March 10
Location	Community Center, 65 Mitchell Place
Registration	Ongoing
Fee	\$64

Bowling for Fun

Age Group	15 & Older
Day/Time	Saturday, 12-2pm, 8 Sessions
Course #	251510-F2 Begins October 18 251510-W2 Begins January 17
Location	White Plains Bowl, Tarrytown Road
Registration	Ongoing
Fee	\$35
Bowling Fee	\$72 Check payable to AMF White Plains Lanes Fee includes 2 games and shoes for the season

“Out & About” Social Night

Spend an evening with your friends. Participants will have a variety of fun activities at the Center or go on a community outing. Group meets once a month.

Age Group	13 & Older
Day/Time	Friday, 6:30–9:30pm
Course #	251510-F3 Sept 19, Oct. 17 (Halloween Party), Nov. 14, Dec. 12 (Holiday Party)
Course #	251510-W3 Jan. 23, Feb. 13 (Valentine Party), Mar. 20
Location	Community Center, 65 Mitchell Place
Registration	Ongoing
Fee	\$32

Swim & Gym

Take a dip in the pool followed by fun activities and sports in the gym.

Age Group	16 & Older
Day/Time	Thursday, 6:30–8:30, 8 Sessions
Course #	251510-F1 Begins September 18, No Session 9/25, 11/27
Course #	251510-W1 Begins January 15, No Session 2/19
Location	White Plains High School, North Street
Registration	Ongoing
Fee	\$64

Special Olympic Training & Competition

Programs are designed for participants to learn the specified sports skills and to train for team competition. **A current Special Olympics Registration & Medical Form is also required to participate and is required with the program registration.**

Aquatics

Age Group	15 & Older
Day/Time	Monday, 7–8:30pm
Course #	251510-T2 Begins November 24-March 9, 12 Sessions, No Session 12/29, 1/19, 2/16
Location	White Plains High School Pool (WPHS)
Registration	Ongoing
Fee	\$96
Competition	Aquatics Meet, March TBD Details to be announced

Athletics Track & Field

Age Group	15 & Older
Day/Time	Wednesday, 6:30–8:30pm
Course #	251510-T3 Begins February 25, 12 Sessions, No Session 4/1
Location	Highlands Middle School–South Gym
Registration	Ongoing
Fee	\$96
Competition	Time Trails, April TBD. Details to be announced Spring Game, May TBD. Details to be announced

Bowling

Age Group	15 & Older
Day/Time	Saturday, 12-2pm
Course #	251510-T1 Begins September 6
Location	White Plains Bowl, Tarrytown Road
Registration	Ongoing
Fee	\$32
Bowling Fee	\$36 Check payable to AMF White Plains Lanes Fee includes 2 games and shoes for the season
Competition	Bowling competition, TBA Details to be announced

Adult Programs

Basketball League-Men

Residential and Industrial teams in various divisions within leagues.

Age Group	18 and Older
Day/Time	Weekday evenings, 7, 8, 9pm Games December-April
Course #	240310-01 Residents
Course #	240310-02 Non-Residents
Location	Highlands and Eastview Schools
Registration	A manager's meeting is scheduled for Thursday, October 16th at 6:30pm in the Gillie Recreation Room. All new teams interested in playing must call 422-1343.
Fee	\$950 Residential League \$1,250 Industrial League
Note	All fees must be paid before league play begins.

Basketball League-Women

Residential and Industrial leagues. Please contact the Recreation Department at 422-1336 if interested in entering a team for this coming season.

Age Group:	18 & Over
Day/Time	Wednesday evenings, 7, 8, 9pm Games December-April
Course #	240310-03
Location	Highlands School
Registration	A manager's meeting is scheduled for Thursday, October 16th at 6:00 p.m. in the Gillie Recreation Room. All new teams interested in playing must call 422-1343
Fee	\$550 Per Team
Note	All fees must be paid before league play begins.



Softball, Co-Ed League–Fall League

The Recreation and Parks Department is glad to announce its 3rd year of co-ed fall softball. Please contact Frank Magaletta, Recreation Supervisor II at 422-1343 for further details.

Age Group	18 and Older
Day/Time	Weekday nights, September-November
Course #	240210-03
Location	Defino Park/Gille 2
Fee	\$750-Entry



Softball, Men's League–Fall League

Slow pitch – Residential and Industrial League play for all levels of competition.

Age Group	8-12 Years
Day/Time	Games are weekdays, September-November 5:45-11pm (Field with lights)
Location	Defino Park
Fee	\$750-Entry

Basic Drawing

If you want to learn how to draw and do not know where to start-start here! This class offers a fun, easy way to learn the drawing basics using simple tools like pencil, pen and charcoal. You will get rapid results and will be motivated to continue your progress. All materials included.

Age Group	18 & Older
Day/Time	Thursday, 6:30-8:00pm, 8 Sessions
Course	243010-D1 Begins October 2 No Session 11/27
Course	243010-D2 Begins January 15, 8 sessions No Session 02/12
Location	White Plains Community Center, 65 Mitchell Place
Registration	Ongoing
Fee	\$104 Resident, \$128 Non-Resident



Adult Programs

Cross Fitness Infusion-Total Body Workout

This unique total body fitness class will be divided into 3 phases: dance and cardio, strength training, and core circle. Combining different dance and kick boxing moves, followed by toning using exercise bands and finishing with a sizzling abdominal workout. All fitness levels welcome. Exercises will be modified to meet individual levels.

Age Group 18 & Older
Day/Time Tuesday, 6:30-7:30pm, 10 Sessions
Course # **246210-C1** Begins September 23
No Session 11/4, 11/11
Course # **246210-C2** Begins January 20
Location White Plains Community Center, 65 Mitchell Place
Registration Ongoing
Fee \$130 Resident, \$160 Non-Resident

Fat Burning Pilates-Bodies In Motion

Join a dynamic class that combines calorie burning cardio and fundamental Pilate moves by using weights, resistance bands, and stability balls. This combination of cardio moves and core exercises will strengthen your abdomen and maximize your fat burning potential.

Age Group 18 & Older
Day/Time Thursday, 7-8pm, 8 Sessions
Course # **245310-01** Begins October 2
No Session 11/27
Course # **245310-02** Begins January 15
No Session 2/12
Location White Plains Community Center, 65 Mitchell Place
Registration Ongoing
Fee \$104 Resident, \$125 Non-Resident



Gentle Yoga

Start your weekend off by releasing tension from your body, lifting your spirit and connecting with your physical core. We will use a blend of yoga exercises and meditation techniques to help increase strength, improve flexibility, and help balance the mind and body. This form of exercise will help diminish the effects of aging. Bring your own mat.

Age Group 18 & Older
Day/Time Saturdays, 9-10am, 10 Sessions
Course # **242310-Y1** Begins September 27
No Session 10/4
Course # **242310-Y2** Begins January 10
Location White Plains Community Center, 65 Mitchell Place
Registration Ongoing
Fee \$130 Resident, \$160 Non-Resident



Jewelry Making Techniques I

This class will teach a range of basic jewelry skills, plus how to make fabulous pieces you have seen in stores and catalogs. Think crimping, stretchy bracelets, wire-wrapped earrings, link macrame, multi-wrap bracelets, knotted necklaces, and herringbone bead weaving! You will make and take home finished pieces, along with life-long skills. Supplies can be purchased at wholesale prices at the first class.

Age Group 16 & Older
Day/Time Tuesday, 6:30-8:30pm, 8 Sessions,
Course # **243010-J1** Begins September 23
No Session 11/4, 11/11
Course # **243010-J2** Begins January 20
Location White Plains Community Center, 65 Mitchell Place
Registration Ongoing
Fee \$104 Resident, \$128 Non-Resident



Adult Programs

Jewelry Making Techniques II

Learn a range of basic jewelry skills, plus how to make fabulous pieces you have seen in stores and catalogs. Think crimping, elastic link bracelets, briolette wraps, shamballa macrame, peyote bead weaving, wire rings and more! You will make and take home finished pieces, along with lifelong skills. Supplies can be purchased at wholesale prices during first class. There is no prerequisite for this class.

Age Group 16 & Older
Day/Time Wednesday, 6:30-8:30pm, 8 Sessions
Course # **243010-J3** Begins October 22
Course # **243010-J4** Begins January 21
No Session 02/11
Location White Plains Community Center, 65 Mitchell Place
Registration Ongoing
Fee \$104 Residents, \$128 Non-Residents

Tennis Instruction

The Adult tennis program is an instructional program designed for the beginner as well as the more advanced player. The goals; include the following areas of fundamentals, proper grip of racquet, development of a forehand and back hand game, as well as learning the etiquette and rules of the game of tennis. Through development of basic tennis skills an individual can develop a lifelong interest in a healthy activity. Supplies can be purchased at wholesale prices at the first class.

Age Group 16 & Older
Day/Time Wednesday or Thursday, 6-7:30pm, 4 Sessions
Course # **241210-01** Begins Wednesday, September 10
Course # **241210-02** Begins Thursday, September 11
No Session 9/25
Location Gillie Park
Registration Ongoing
Fee \$125 Resident



Tennis - Platform Tennis

Open play, follows Ebersole Ice Rink schedule.

Age Group 16 & Older
Day/Time Weekdays, 9am-9pm; Weekends, 9am-6pm
Location Delfino Park, 2 courts, first-come, first-served
Registration Permit and Fee are required
Fee Season Pass \$100 Adult, \$75 Senior Citizens
 \$200 Non-Resident
 Day Use \$8 Adults, \$7 Senior Citizens
 \$16 Non-Resident Fees collected at Ice Rink.



Zumba in the Circuit

Take the Zumba fitness experience to another level with Zumba and circuit training. Zumba in the Circuit is an awesome pairing of unique moves and rhythmic combinations that allow you to dance your worries away, plus a series of prescribed exercises with rest periods between each exercise. This class is well suited for all fitness levels and can provide improved muscular strength, endurance, and aerobic capacity.

Age Group 18 & Older
Day/Time Wednesday, 6:30-7:30pm, 8 Sessions
Course # **246410-Z1** Begins October 22
Course # **246410-Z2** Begins January 14
No Session 02/11
Location White Plains Community Center, 65 Mitchell Place
Registration Ongoing
Fee \$104 Resident, \$128 Non-Resident



Active Older Adult Programs

About the White Plains Recreation & Parks AOA Program

The Active Older Adult Program is located at the White Plains Recreation & Parks Community Center on the first floor of the historical Armory Plaza in downtown White Plains. Metered parking is available on Mitchell Place or in the City Center Parking Garage located on Martine Ave. and Main Street. The Senior Café Program, Transportation and Supportive Services are partially funded through the US Department of Health and Human Services, the New York State Office for the Aging and the Westchester County Department of Senior Programs and Services.

Residents 60 years old and up qualify to participate in the Active older Adult classes, programs, services, trips and special events. Enjoy a variety of recreation and leisure activities throughout the year. Through our Wellness Support and Lunch & Learn programs you can receive guidance and direction from health care professionals. Community Services Assistance is also available to senior residents who may require help with various problems navigating County and other government programs. In our Lending Library you can take out some interesting books.

Lastly, our Senior Café serves a delicious, nutritious hot lunch daily from 11:30am–noon for a \$2.75 suggested contribution. Meal reservations can be made for a week at a time (24 hour reservation required), call 422-1423.

REFUND POLICY: Please refer to our Recreation and Parks Refund Policy.

Center Transportation Services - For reservations call 422-1423. Service is available, door to door, to and from your home. Reservations can be made for a week at a time (24 hour reservation required). Fee is a 75¢ suggested contribution per one-way service. Center Bus Schedule – 9:00 & 10am; 1 & 3pm.

Farmer's Market - Wednesday

The Senior Bus will pick you up and drop you off on the 9am daily run. The bus will pick you up from the Market and return to the Center, not your home. For a ride home you must make a reservation for the 1pm bus leaving from the Center.

Medical Appointments & Marketing, Thursday 8:15 - 9am
(one way drop off) Stop & Shop and Shop Rite, 9am & 10am.

Cafeteria y Transportacion: Delicioso y nutritivo almuerzo diariamente - 11:30 a.m. a 12 p.m. Contribución sugerida: \$2.75. Se ofrece transportación de ida y vuelta de su casa al Centro. Contribución sugerida: 75 cents cada vía. Para almuerzo y transportación debe reservar con por lo menos 24 horas de anticipación. Llamar al 422-1423. Puede hacer reservaciones para toda la semana.

Servicio de Transportación Especial:

(1 hora para hacer compras) Jueves: Para citas medicas (una sola via) de 8:15 a 9am. Para ir de compras a Shop Rite and Stop & Shop- Ida y vuelta – 9 y 10am. Miércoles: Para el Mercado al aire libre (Court Street)- El bus de las 9 Y 10 am le recogerá en su casa y le llevara al Centro, no a su casa. Para transportación hacia su casa reserve el bus de la 1pm que sale del Centro.

Classes and leisure activities are for adults, 60 years and older. All programs are held at the Recreation & Parks Community Center, 65 Mitchell Place.



Active Older Adult Programs

COMPUTERS & CREATIVE ARTS



Basic Computers

This is an introductory course to the personal computer. Learn how to turn on the PC on/off, how to use the mouse, learn about the desktop, access internet functions and how to create an e-mail.

Day/Time Friday, 10:15 – 11:15am, 4 Sessions

Course# 263210-N1 Begins November 7

No Session 11/28

Course# 263210-F1 Begins February 6

Course# 263210-M1 Begins March 6

Fee \$5 Resident, \$10 Non-Resident

Computers II

Explore files and folders, how to create them, copy, move and delete them. Learn about e-mail directories, created files and folders and basic internet searches.

Day/Time: Friday, 9 – 10am, 4 Sessions

Course#: 263210-N3 Begins November 7

No Session 11/28

Course#: 263210-F3 Begins February 6

Course#: 263210-M3 Begins March 6

Fee \$5 Resident, \$10 Non-Resident

Computer III

Expand on skills learned in previous courses. Class will cover downloads, working with flash drives, CDs and other storage devices.

Day/Time: Friday, 11:30am – 12:30pm, 4 Sessions

Course#: 263210-N5 Begins November 7

No Session 11/28

Course#: 263210-F5 Begins February 6

Fee \$5 Resident, \$10 Non-Resident

Digital Camera

Learn how to use your digital camera and how to transfer photos to your computer. Prerequisite: Intermediate knowledge of MS-Windows program operations.

Day/Time Friday, 11:30am – 12:30pm

Course# 263210-MC Begins March 6, 4 Sessions

Fee \$5 Resident, \$10 Non-Resident

Forever Young Singers

Join this performance group as we learn songs which will be performed at local venues and City events. Learn part singing, harmonies and various vocal styles. No formal training required.

Day/Time Tuesday, 10:15–11:30am, 8 Sessions

Course # 263110- C1 Begins September 16

No Sessions 11/4, 11/11

Course#: 263110-C2 Begins January 13

Fee Free

Memoir Writing Workshop

This class will help you communicate your experiences in writing, creating a clear and compelling prose.

Day/Time Tuesday, 10:30–11:45am, Ongoing

Course# 263310-F4 Begins September 9

No Sessions 11/4, 11/11

Fee Free

Open Art Studio

This class is open to students of all levels. In this independent workshop you will learn fundamentals and techniques in various modalities. Class supplies are provided to beginners. Intermediate to advanced students bring your personal supplies. For ceramic bisque painting there is a minimal cost for pieces selected with a limit of two pieces per season.

Day/Time Tuesday, 10am-12:00pm, Thursday 9-11:00am

Course # 263110-F8 Begins Tuesday, September 23, 8 Sessions **No Sessions 11/4, 11/11, 11/25**

Course# 263110-F7 Begins Thursday, October 2

No Sessions 10/30 11/27

Course # 263110-W8 Begins Tuesday, January 20, 6 Sessions

Course# 263110-W7 Begins Thursday, January 22

No Session 2/12

Fee \$30-8 Sessions- Resident, \$55 Non-Resident

\$25-6 Sessions-Resident, \$55 Non-Resident



Simple & Easy Sewing

Learn to make simple handmade sewn crafts or get some guidance on clothing alterations. Basic materials will be provided for craft projects or participants may bring their own material. No experience required.

Day/Time Friday, 10–11:45am

Course# 263110-F6 Begins September 19, 8 Sessions

No Sessions 9/26, 10/17, 10/31, 11/28

Course # 263110-W6 Begins January 23, 6 Sessions

Fee Free

Active Older Adult Programs

Watercolor

This course is for beginners and experienced students who want to review techniques, practice technical skills, and become comfortable with how watercolor behaves. We will learn how to plan a painting, and yet relax and have fun as we embrace new ways of creating interesting applications and techniques.

Day/Time Monday, 10 am– Noon
Course# 263110–F5 Begins September 22, 8 Sessions
No Sessions 10/13

Course# 263110–W5 Begins January 26, 6 Sessions
No Sessions 2/16

Fee \$30 Resident, \$55 Non-Resident 8 Sessions
 \$25 Resident, \$55 Non-Resident 6 Sessions

Materials–Beginning Students will receive a list of materials to purchase at time of registration. **Advanced Students**–bring what you have.



HEALTH & FITNESS

Physical Activity Levels

Health & Fitness classes are defined by the minimum physical skills required to participate in the activity. **REMINDER:** Consult your physician before participating in a fitness program. For comfort and ease of movement, dress warm up clothes and appropriate foot wear.

- Level 1 :** movement done in a sitting position only
- Level 2 :** movement done in a sitting position or standing position with support from a chair
- Level 3 :** movement done in a standing position with or without the support of a chair
- Level 4 :** movement done in a standing position without support of a chair, with high level skills in agility, balance and coordination, ability to get down and up from the floor.

Gentle Yoga – Level 2

Maintain overall body flexibility and endurance. Stress reduction and relaxation are a plus!

Day/Time Wednesday, 2-3pm
Course# 263410–F5 Begins September 24, 8 Sessions
No Sessions 10/29

Course# 263410–W5 Begins January 21, 6 Sessions
Fee \$30-8 Sessions- Resident, \$55 Non-Resident
 \$25-6 Sessions-Resident, \$55 Non-Resident

Line Dancing Level 4

Class will include some familiar standard and new dances.

Day/Time Thursday, 10:00–11:00am, 8 Sessions
Course# 263410–10 Begins October 2
No Session 10/30, 11/27

Course# 263410–11 Begins January 22, 8 Sessions
No Session 2/19

Fee Free

MAT Yoga–Level 4

Come join us for an invigorating Yoga class. Bring a mat and wear loose clothing. Be prepared to enhance your energy level and stretch your stiffness away.

Day/Time Tuesday, 10:30–11:30am
Course# 263410–F8 Begins September 23, 8 Sessions
No Sessions 11/4, 11/11, 11/25

Fee Free

Sit & Get Fit – Level 1 *Exercise Video*

Get a great workout while sitting in your seat.

Day/Time Monday, Tuesday, Friday, 9:45–10:30am
Course# 263410–F3 Restarts September 2, Ongoing
Fee Free

Stretch & Sculpt–Level 3

This group exercise program is heart healthy and easy on the joints. Using low-impact weights, stretch bands with handles, and a ball.

Day/Time Wednesday, 10:30-11:30am, 8 Sessions
Course# 263410–F4 Begins September 24
No Sessions 10/29

Course# 263410–W4 Begins January 21, 6 Sessions
Fee 25 Resident, \$55 Non-Resident

Tai Chi Video–Level 3

Try out this new video program. Great for beginners!

Day/Time Thursday, 11am–12pm
Fee Free

Active Older Adult Programs

Zumba Gold–Level 3

Day/Time Monday, 10:30–11:30am
Course# 263410-F6 Begins September 22, 8 Sessions
No Session 10/13
Course# 263410-W6 Begins January 26, 6 Sessions
Fee \$30 Residents, \$55 Non-Resident, 8 Sessions
 \$25 Resident, \$55 Non-Resident, 6 Sessions

ZUMBA Toning–Level 4

Move to international music and get an exciting, effective workout. Routine features aerobic training with a combination of weights for toning and sculpting.

Day/Time Friday, 10:30–11:30am, 8 Sessions
Course# 263410-F9 Begins September 19
No Sessions 9/26, 10/17, 10/31, 11/28
Course# 263410-W9 Begins January 16
Fee \$30 Residents, \$55 Non-Resident

GAMES BINGO!

Day/Time Tuesday & Thursday, 1–3pm
Date Restarts September 2, Ongoing
Fee 25¢ a card, Registration required

Mah Jongg Instruction

This is a starter course for beginners. The American version is taught at this class.

Day/Time Thursday, 1:15–3:15pm 6 Sessions
Course # 165110-M1 Begins October 2
No Sessions 10/30
Fee Resident \$25, Non-Resident \$55

Note: A Mah Jongg Card is required for the class. Cards can be purchased through National Mah Jongg League, 212-246-3052, or send a check for \$8 to the National MahJongg League, Inc., 250 West 57th Street, New York, NY 10107



Supervised Bridge

Improve your game with play and discussion of some prepared hands. Practice your skills with random hands and receive constructive criticism. Class is not for beginners. Class is limited to 12 participants.

Day/Time Tuesday, 1–3pm
Course# 265110-01 September 23, 8 Sessions
No Session 11/4, 11/11, 11/25
Fee \$30 Residents, \$55 Non-Residents

Westchester Wii Bowling League - White Plains Team

Learn how to do play this fun Bowling video game and competing against other senior groups.

Day/Time Monday, noon – 1pm
 Thursday 10 – 11:30am & noon – 1:30pm
 Restarts Sept 4, ongoing
Course # 265110-04
Fee Free, Registration Required

SOCIAL & SPECIAL INTEREST

AARP Defensive Driving

Register at the Community Center. There are no refunds unless a 24 hour notice is given. **Checks ONLY, payable to AARP.**

Day/Time Monday, 9am–4pm
Date Oct. 27, Nov. 17, Dec. 15, Jan. 26, Mar. 2, 30
Fee \$20 Members, \$25 Non-members

Broadway Theater Lovers Club

At the club meeting we will discuss current Broadway shows and vote on one to attend. If you are interested in joining this group, bring cash or a check to pay for the trip at the meeting time. For more information call 422-1423.



Active Older Adult Programs

City Center Movie Club

Join us for lunch at Applebee's and a movie at the City Center's Cinema de Lux.

Day/Time Tuesday, October 21
Time and movies to be announced,
call in October for more Information!!!

Dine Around Club

Join us on the last Tuesday of every month for dinner out in White Plains with friends. Restaurants will be determined monthly. Cost on your own. Please register at the front desk or call 422-1423.

Grupo Social Hispano

Habla Español? Join this social group and share your culture.

Day/Time: Wednesday, 1 – 3pm, Ongoing
Fee: FREE

Grupo Social Hispano

Unase a este grupo social y comparta las similitudes y diferencias de su cultura con otras personas de habla hispana.

Dia/Hora Miércoles, 1-3pm
Costo Gratis

Intergenerational Program – Saturday Academy

Senior citizens assist teachers and other staff at the George Washington Saturday Academy, a literacy support program offered through the GWPTA which provides Reading & Writing support to struggling K-5th grade readers and their families. If you are interested in joining this program, call Martha Guarin at 422-1255.

Day/Time Saturday, 9 am –11am, Starts September, dates TBA
Location George Washington School Media Center
Transportation is available to and from home for White Plains seniors only.

Needle Crafters

Socialize with friends through knitting, crocheting and embroidery. Some needle craft experience required. Materials are supplied by the group

Day/Time: Friday, 1–3pm, Ongoing
Fee Free



Spanish Conversation Part 1

This is a beginner course in understanding and speaking the Spanish language. **Purchase of a book is required to attend this class.** Book can be purchased at Barnes and Noble.

Day/Time Wednesday, 11am - noon
Course# 266310-E3 Begins January 21, 8 Sessions
Fee Free

Spanish Conversation Part 2

This class is a continuation of Part 1-**Prerequisite: You must have taken the Part 1 Spring 2014 Class.**

Day/Time Wednesday, 11am-12:00pm
Course# 266310-E4 Begins September 24, 8 Sessions
Fee Free

The Man Cave

Here men can gather to socialize with each other and discuss current events, sports, movies and whatever else is on a man's mind.

Day/Time Wednesday, 10-11am On going.
Fee Free, No registration required

WELLNESS SUPPORT-All support programs are free

Aging & Life Transitions

Join in this open discussion group where you will explore and share experiences related to the process of aging.

Day/Time Tuesday, 12:15–1pm
Date Sept. 2, 16, 30, Oct. 14, 28, Nov. 18, Dec. 2, 30, Jan. 6, 20, Feb. 3, 17, Mar. 3, 31

Chronic Disease Self-Management Workshop, Sponsored by the Westchester County Department of Senior Programs & Services

new

Put more life in your life with this 6 week educational series developed by Stanford University that will give you valuable information and tools. Learn techniques to manage your symptoms and help you to meet personal health goals. Participants must agree to attend all 6 sessions. A supplementary course book and tape are provided. Registration required by October 6th.

Day/Time Friday, 12:30-3pm
Dates October 10 & 24
November 7 & 21
December 5 & 12
Fee Free

Active Older Adult Programs

Lunch & Learn Presentations

Learn from professionals from Burke Rehabilitation Hospital, Home Instead, Legal Services of the Hudson Valley, NY Presbyterian Hospital, Office of NY State Comptroller, ShopRite, Sprain Brook Manor, Visiting Nurse Association of Hudson Valley and more!

Day/Time Wednesday, 12-12:45pm

Topics **Sept 3**-Disaster Preparedness

Sept 10-You Are What you Eat

Oct 1-Unclaimed Funds

Oct 15-Housing Issues Affecting Seniors

Nov 5- Managing Stress Effectively

Nov 19-ABC's of Medicare

Dec 10-ABCs of Shingles

Jan 7-Healthy Eating Habits

Jan 21-Services for the Elderly

Feb 4-TBA

Feb 25-EPIC Info and Eligibility

Mar 11-TBA

Medicare Minute

Once per month, volunteers in the Seniors Out Speaking on Medicare (SOS Medicare) program present a short lecture about an important health care topic, and provide Medicare counseling.

Day/Time First Tuesday of the month, 12-12:30pm

Nurse's Corner

Visiting Nurse Association of Hudson Valley

Meet with the visiting nurse for blood pressure readings and questions about medications and diet.

Day/Time 2nd Monday of the Month, 12:30-1:30pm

No Clinic in December



Singing for Wellness with the Quarter Moon Trio

Singing is healthy for the mind, body and spirit! Enjoy an afternoon with friends, singing some of your old favorites with a live band!

Day/Time: Wednesday, December 3, 12:15-1:30pm

SPECIAL EVENTS

White Plains Hospital 50+ Lecture Series

Once a month learn from top notch health professionals on how to stay healthy after the age of 50. Learn how to enhance your energy levels and improve your physical, cognitive and emotional health to live life to the fullest!

Day/Time Third Thursday of the Month, 5-6 pm

Location Community Center, 65 Mitchell Place

Dates/Topics Additional Lectures TBA

Sept 18 Aging Well: Keep Moving

Oct 16 Healthy Eating on a Budget

Nov 20 Diabetes 101

Fee Free

Please call Kellie 681-1192 or Community Center 422-1423 to register.

Taiko Drummers

Experience Japanese culture while listening to the energizing sound of these unique drums.

Day/Time: Wednesday, February 18, 12:15-1:30pm



Birthday Lunch Celebrations

Join us for lunch and entertainment as we celebrate our member's birthdays. Birthdays receive lunch on the house.

Date/Time Friday, 11:30am-1pm

October 3, Fall Birthdays (September- December)

January 9, Winter Birthdays (January- March)

Fee: \$2.75 Suggested contribution, Please pay that day

Active Older Adult Programs

Breast Cancer Bake Sale

Join us for this important cause. Donations and baked goods are needed. All proceeds benefit the American Cancer Society. Please call Ellen Albers for more information at 422-1423.

Date/Time Friday, October 10, 10am-5pm City Center Main Street outside (Barnes & Nobles)



Intergenerational Ethnic Pot Luck Dinner

In collaboration with the Senior Center and the Youth Bureau, experience a night of culture from around the world. Taste different foods, learn about ethnic customs, and dance to music from around the world. Please bring a favorite dish from your country.

Date/Time Wednesday, October 1, 5-8pm (Registration Required)

Fee Free At time of registration, please advise Front Desk what you will bring and if you will need transportation.

Bus Pick Up Senior Bus is available to and from your home. Upon registering, let us know if you will need a ride.

Intergenerational Valentine's Day Dinner Dance

Enjoy a fun evening of dancing and a delicious buffet dinner. Program co-sponsored with the White Plains Youth Bureau.

Date/Time Wednesday, February 11

Fee Free

Bus Pick Up Senior Bus is available to and from your home. Please let us know at registration if need transportation.



Loyal Order of Moose Spaghetti Luncheon

Enjoy a delicious, homemade spaghetti lunch and social afternoon with friends. Luncheon is sponsored by the Loyal Order of Moose of West Harrison.

Date/Time Saturday, Oct. 25, 12– 2pm

Fee \$5 suggested contribution

Bus Pick Up On your own or Senior bus transportation provided to and from your home.

Special Theme Luncheons

Join us for a delicious theme luncheon with live entertainment and raffles. You must register prior to all events. \$2.75 suggested contribution. No refunds. Pay upon registration.

Oktoberfest Fri. Oct. 17

Halloween Costume Party Wed. Oct. 29

Veteran's Luncheon Fri. Nov. 7

Thanksgiving Tues. Nov. 25

Holiday Luncheon Fri. Dec. 19

Hanukah Party Mon. Dec. 22

New Year's Luncheon Wed. Dec. 31

St. Patrick's Day Luncheon Tues. March 17



Active Older Adult Programs

DAY TRIP ACTIVITY CODE

REMINDER: Your safety and comfort are important to us. Trips require boarding buses, sometimes lengthy walking, climbing steps and standing. Some trips are not suitable for those with ambulatory limitations. If on-going assistance is required, it will be necessary for you to arrange for a companion or aide to attend the trip with you. Please note the activity level descriptions below to determine if a trip is appropriate for you. If you have any questions please contact our office to determine if the trip you are interested in is suitable for you.

- Level 1** Little or no walking; few or no stairs (i.e. Bus drops you off close to the event).
Level 2 Moderate walking, with places to rest.
Level 3 Substantial amount of walking with or without places to rest.
Level 4 Lots of walking, with standing for long periods of time.

SENIOR BUS DAY TRIPS

Hammond Museum/Japanese Stroll Garden

Level 4

View exhibits of Asian art and culture; tour the Japanese garden with its beautiful landscapes. Lunch is on your own at the Museum Café.

Day/Time Wednesday, September 17, 10:15-am-4pm
Course# 163310-H1
Fee \$14 (Lunch on your own)
Bus Pick Up Delfino Park 10:15 am, Community Center 10:30am

Walkway Over the Hudson/Lunch at Shadows on the Hudson

Level 4

Enjoy the views of the spectacular Hudson River as you stroll across this 1.3 mile long elevated pedestrian bridge. Lunch at the Shadows on the Hudson, a new waterfront restaurant in Poughkeepsie.

Date/Time Wednesday, October 8, 9:45am-5pm
Course# 163310-WK
Fee \$10 (lunch and transportation)
Bus Pick Up Delfino Park 9:45am, Community Center 10am

Laugh out Loud Productions/Cortlandt Manor

Level 1

Be part of a family at Ira and Isabella's wedding. Dance the Tarantella and the Hora!

Date/Time Wednesday, October 22, 10:15am-4pm
Course# 163310-LO
Fee \$67 (includes appetizer, salad, entree, dessert, coffee, tea, soda, cash bar available)
Bus Pick up Delfino Park 10:15am, Community Center 10:30am

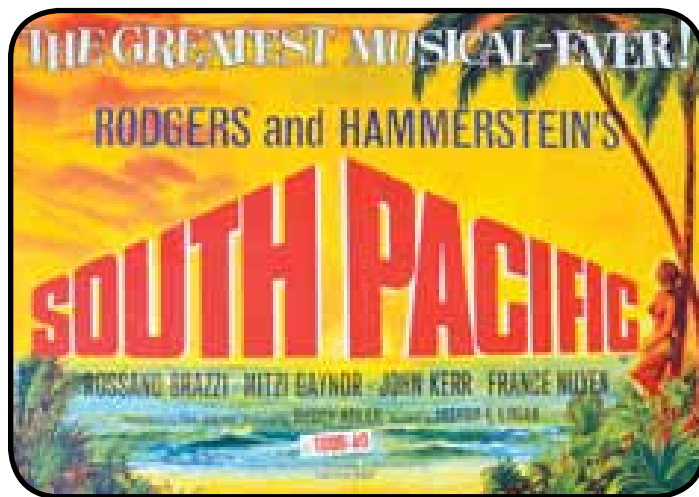
Westchester Broadway Theater

"South Pacific"

Level 1

Rodgers and Hammerstein's award-winning musical.

Date/Time Thursday, November 13, 10:45am-4pm
Course# 163310-SP
Fee \$58
Bus Pick Up Delfino Park 10:45am, Community Center 11:00am



Shopping at Crossroads Shopping Center/K Mart

Level 2

Tuesday, November 18, 11am-3:30pm

Date/Time Tuesday, November 18, 11am-3:30pm
Course# 163310-KM
Fee \$5
Bus Pick Up Delfino Park 11am, Community Center 11:15am

Dia Art Foundation in Beacon/Lunch at

Cracker Barrel

Level 2

Guided tour of Dia's Art Foundation's unique 1960's collections, as well as the special exhibit of Carl Andre's works. Afterward, dine at the Cracker Barrel Restaurant.

Date/Time Thursday, November 20, 10am-4pm
Course# 163310-DI
Fee \$21 (Lunch on your own)
Bus Pick Up Delfino Park 10am, Community Center 10:15am

Christmas Tree Shop/Spring Valley & Lunch at Red Lobster

Level 2

Date/Time Tuesday, December 9, 10:30am-4pm
Course# 163310-CT
Fee \$10 (Lunch on your own)
Bus Pick Up Delfino Park 10:30am, Community Center 10:45am

Active Older Adult Programs

Holiday Dinner at Ernesto's Restaurant in White Plains Level 1

Date/Time Wednesday, December 10, 5pm - 7:30pm
Course# 163310-ER
Fee \$30



UPCOMING TRIPS

Dates, times and fees to be announced. Call for more details in October! - Nutcracker/Westchester County Center & Lunch at Central Seafood/Hartsdale-Culinary Institute and the French Bocuse Restaurant

Frick Museum/Gardens & Lunch at Riverdale Steak House Level 4

This Fifth Avenue Mansion is home to some of the great masterpieces of Western painting, sculpture, art and view the breath-taking gardens.

Day/Time Wednesday, January 14, 9:15am-3:30pm
Course# 163310-FM
Fee \$40
Bus Pick Up Delfino Park 9:15am, Community Center 9:30am (Coach Bus)



Yonkers Casino Level 2

Day/Time Monday, January 26, 10am-4:30pm
Course# 163310-R1
Fee \$10
Bus Pick Up Delfino Park 10am, Community Center 10:15am

Discovery/Times Square & Lunch At the Hilton Times Body Worlds: Level 4

Pulse, an ongoing exhibition where you will learn about the human body, its form and function, and challenges. Call us before registering and we will let you know what the new exhibition will be. Lunch at the Hilton, which is in walking distance from the museum.

Day/Time Wednesday, February 18, 9:30am-5pm
Course# 163310-DY
Fee \$49 (Lunch is on your own)
Bus Pick Up Delfino Park 9:30am, Community Center 9:45am (Coach Bus)

Night at the Races/Empire Casino Level 2

Day/Time Thursday, February 19, 4:30pm-11pm
Course# 163310-R2
Fee \$10
Bus Pick Up Delfino Park 4:30pm, Community Center 4:45pm



Trip to Danbury Mall /Lunch at the Olive Garden Level 2

Day/Time Tuesday, March 10, 9:45am-4:30pm
Course# 163310-DM
Fee \$10 (Lunch is on your own)
Bus Pick Up Delfino 9:45am, Community Center 10am

Active Older Adult Programs

UPPER CLASS DAY TRIPS

Trips sponsored in cooperation with the White Plains Senior Program. PLEASE NOTE: Bus pick up is at Crossroads Shopping Center near Modell's in Elmsford. *Checks payable to Upper Class Tours upon registering.

Victory Belles at Mount Airy Casino

Take you on a nostalgic journey of World War II era classics and salute our nation's veterans. Have a buffet lunch at the beautiful Mount Airy Casino and also receive a \$25 casino bonus.

Date/Time Wednesday, November 5, Time TBA
Fee \$89

Holiday Celebration at Villa Roma Resort

Experience the season in the Catskill Mountains while enjoying your favorite holiday classics, plus a three-course lunch, eggnog, refreshments, music, bingo with prizes and much more!

Date/Time Tuesday, December 2, Time TBA
Fee \$89



Treasures of the Metropolitan Museum of Art: Inside the Iconic Museum

Guided tour of the Met's extensive collection. Prior to the museum, enjoy lunch at the famous Carmine's, family-style Italian restaurant.

Date/Time Saturday, February 28, Time TBA
Fee \$99



Harlem in the Jazz Age

Trip includes a guided tour of Harlem and a tour the Morris - Jumel Mansion, the home of music doyenne, Marjorie Eliot, where you will be entertained at a private jazz concert. Enjoy a scrumptious lunch at the famous Harlem landmark - Sylvia's.

Date/Time Friday, March 27
Fee \$119



Goodspeed Opera House/Lunch at the Gelston House

Date/Time April 2015, Date & Time TBA
Fee \$139
Call the Community Center for information regarding the show and dates - 422-1423.



Active Older Adult Programs

Murder Mystery in Peddler Village

An interactive play with murder, mayhem, and love triangles Trip includes a three-course lunch and optional cash bar. After the party, enjoy shopping at Peddler's Village.

Date/Time Tuesday, May 12, Time TBA

Fee \$99



UPPER CLASS OVERNIGHT TRIPS

Trips sponsored in cooperation with the White Plains Senior Program.

Fall in Vermont October 13-16, 2014

(4 days/3nights)

Soak up New England's color, culture, and charm during the height of fall. Taste the season with cider and maple sugar, while exploring the famous resort towns of Stowe and Burlington. Cross a covered bridge, cruise Lake Champlain and so much more!

Fee \$659 Double, \$859 Single, \$619 Triple
Final payment due September 13.
Call 422-1331 for more information.



NATO in Norfolk/Parade of Nations & International Military Tatoo April 23-26, 2015 **(4 days/3 nights)**

Witness the Parade of Nations with marching bands, visit the NATO Fest, and experience the Virginia International Tatoo with bagpipes, color, patriotism and 3 nights at the Norfolk Sheraton Waterside Hotel.

Fee TBD (Please call for more information, 422-1331)



ANNOUNCEMENTS

AARP Tax Help – Coming Back in February 2015, Starts February 2nd

Start accumulating your tax related documents and bring them to along with last year's tax return for an AARP volunteer to help you. No appointments. Service is done a first-come first-served basis. Services are free. For days and hours call 422-1423.

Para Transit Services in White Plains

Para-Transit of Westchester County has started a new pilot program in White Plains, utilizing taxi cab companies to provide Para Transit services for those whose disabilities prevent them from using standard fixed route buses. The taxi service is provided by Intrepid Taxi and the fare is \$4 per way. Only those making trips within the City of White Plains, or one mile outside the city can use this service. Riders can schedule a taxi ride in exactly the same way as they would a van ride by calling Para Transit at 914-995-7272 and press 2. Applications to apply for this program can be picked up at the White Plains Community Center, 65 Mitchell Place. For more information, please call Ellen Albers at (914) 422-1423.

Senior Citizens Advisory Committee & Senior Program Meetings

Please feel free to speak with any committee member listed below with suggestions that you may have. Margaret Weaver, Malcolm Baehr, Jean Brown, Barbara Drogo, Lydia Garced, Jane Prout, Debby Rech, Pearl Seigal, Agnes Scheu, Adele Zucker. Also join us every other month to discuss the senior program.

Day/Time Wednesday, 12:15-1:00pm

Date September 24, November TBA, January 14, March 4

Special Events

A Day of Remembrance

Day/Time: Thursday, September 11, 8am
Location: Liberty Park. This event pays homage to all who lost their lives. Flag raising, wreath laying and liturgical ceremony.

Halloween Window Painting

White Plains Scout Troops are invited to paint the town. We also welcome store owners to contribute their windows for decorating. **If you are interested in participating in this program, scout troops must register for window space by September 19. Call 422-1255 to register.**

Howl-o-Ween Costume Party

Dress your dog in costume and meet us at the Bark Park for an afternoon of fun. Prizes awarded in several categories for best costume. Sponsored by Best Friends Pet Care.

Day/Time Saturday, October 25, 11am-1pm
Location Main St.
Fee Free

Veteran's Day

White Plains will commemorate Veteran's Day on Tuesday, November 11th with its annual ceremony sponsored by the Mayor's Memorial and Veteran's Day Board. We will gather at the White Plains Rural Cemetery at 10:30 a.m. For additional information call 422-1339.

Thank You – Sponsors/Contributors

The following businesses and organizations contribute time, talent, resources and funds to enhance many of our Events and Programs. We are very appreciative of their involvement in Recreation and Parks.

All New York Title Agency
 Backyard Sports
 Big Apple Smoothie
 Cycleworks
 Danny's Cycles
 Domingo's Deli and Pizza
 Forme Urgent Care and
 Wellness Center
 MVP Basketball Camp
 Peckham Industries
 Stop and Shop
 Teaches Hoops
 Trader Joe's
 White Plains Bus
 White Plains Public Library
 White Plains YMCA
 YWCA of White Plains

Arts Westchester
 Barnum Financial Group
 The Care of Tree's
 Dannon
 Dick's Sporting Goods
 Famous Famiglia
 Lothrop Associates
 New York Presbyterian/
 Westchester Division
 Sofo's Chiropractic
 Strata Health Club
 The Old Guard
 White Plains BID
 White Plains Hospital
 White Plains Public Schools
 Whole Foods
 White Plains Rotary

Halloween Tricks and Treats

Goblins, ghosts and witches will haunt Gillie Park on Halloween night. Celebrate this bewitching holiday in a safe, fun, festive atmosphere. There will be music, games, magic, refreshments and plenty of treats for all.

Age Group Families, pre-schoolers, elementary age children
Day/Time Friday, October 31, 5:30-8:30pm
Location Parking Lot, 85 Gedney Way

Santa's Mailbox

Write your special holiday list, place it in an envelope addressed to SANTA, NORTH POLE, and place it in the special Santa mail box on the steps of City Hall. Remember to include your return address! No stamp needed.

Day/Time November 24-December 19
Location City Hall Steps

Free Outdoor Movie Screening -- Cinema on Court St.

This Autumn, pack some snacks, grab a blanket, and come on down to enjoy a free showing of a Classic movie with your friends, families and neighbors. Date TBD

Coming to Renaissance Plaza, White Plains' First Annual WinterFest

In time for the holidays, come on down for the smells, tastes, sights and sounds of the Holidays and shop one of our unique vendors for the perfect gift. The shopping experience will be enhanced with entertainment on the weekends. Keep a look out for more details.

JAZZ FEST 2014-September 2-7

Summer sizzles with a six-day celebration of jazz in downtown White Plains. Culminating with the outdoor White Plains Jazz and Food Festival on Sunday!

Come enjoy performances by:
 Brian Carter, Bob Baldwin, Dennis Bell &
 Lynette Washington, Curtis Winchester &
 Friends, Mark Morganelli Brazil Project

For more information: artsw.org/jazzfest

For concert details and ticket information, visit:

www.artsw.org/jazzfest

ARTSW
 WESTCHESTER



Special Events

City Lights, Bright Holiday Nights-Tree Lighting

Celebrate the sights and sounds of the season as the Mayor lights the City's holiday tree. Carolers, music, refreshments and visits with Santa will follow.

Day/Time Sunday, December 7, 4-6pm,
Snow Date, Monday December 8, 5-7pm
Location Tibbits Park

New Year's Eve Family Spectacular

Live Music, Ball Drop, Countdown

Day/Time Wednesday, December 31, 10:30pm-12:30am
Location Main St & Court St



FESTIVALS!

Celebrate the proud heritage & diversity of our great city!

Hispanic Day Festival Sunday, September 21

Celebrating Hispanic Culture & Heritage

Place Eastview Campus
Time Noon-6pm



Farmers Market

Fresh food, fruits, vegetables and plants are on sale to the public.

Day/Time Wednesdays, September-November, 8am-4pm,
Location Court St. between Main St. & Martine Ave.

*** Wednesday, November 26, the market will be held in the municipal lot on Court St. between Post Rd & Quarropas St.**



Ebersole Ice Rink



Ebersole Ice Rink located in Delfino Park, Lake Street.
Phone: 422-1348/422-1390. Rink opens Thursday, October 14th (weather permitting). 2014-2015 rink booklets available at the Ice Rink.

2014 - 2015 Public Session Schedule:

Wednesday	12-2pm	Closed November 27, December 25, and January 1. Contact Rink for Special Holiday Week Schedules. Also available at www.cityofwhiteplains.com
Thursday	12-2pm, 3-5 pm	
Friday	12-2pm, 3-5pm, 8-10pm	
Saturday	12-3pm	
Sunday	8:30-10:15am (Adults Only), 1:15-3:30pm (General Session)	

* Amended Hours During School Vacation Weeks

Family Admission Rates

Residents with Recreation ID: Youth: \$6, Adult: \$7, Senior: \$5

Non-Resident, or Resident without Recreation ID: Youth: \$9, Adult: \$11, Senior: \$8
Skate Rentals \$5.00
Skate Sharpening \$8.00

Celebrate your birthday with us!
For a fun-filled birthday, book your party at Ebersole Ice Rink. For more information, please call 422-1390

Instructional Programs REGISTRATION CALENDAR

Figure Skating and Clinics at Ebersole Ice Rink

Session I: Ongoing online or at Recreation Office
Non-Residents welcome to register

Session II: Ongoing at Recreation Office after Dec. 12th
Non-Residents welcome to register

For additional info, call the Skating School at 948-6696 or 422-1390.
Skating School booklets will be available at the Recreation Office and Ebersole Ice Rink.

White Plains Figure Skating Club

A United States Figure Skating affiliated club
NOW OFFERING exclusive club ice on Tuesday nights 5:15-7:00pm (mid October-March)

Seasonal Subscription Fee: TBD

For more information contact Tara Raggo@wpfscpresident@gmail.com
or visit <http://whiteplainsfsc.wordpress.com>.

Advanced Figure Skating Program

- Exclusive ice practice for all figure skating levels.
- This allows figure skaters to concentrate on the more sophisticated sport, Learning jumps, spins, footwork and choreography.
- Group and private lessons are available.
- **Age Group** Youth & Adults
- **Day/Time** Friday & Sunday, October - March
- **Course #** 250810-01 Fri 5:30-7:45pm & Sun 3:45-5:00pm
- **Location** Ebersole Ice Rink
- **Registration** See registration calendar.
For more information call 948-6696 or 422-1390
- **Fee** \$435 Resident, \$535 Non-Resident (1 evening)



Ebersole Ice Rink Happenings

Skate to music every Friday night from 8 - 10pm

Ebersole Ice Rink

Ebersole Ice Rink Happenings

Skate to music every Friday night from 8-10pm

Group Lessons

Beginner through advanced instruction. This instructional program follows the standardized curriculum developed by the Ice Skating Institute (I.S.I.), and is taught by certified, professional ice skating instructors. Two 7 week sessions, One 30 minute lesson per week. Registration includes free public session, day of lesson, Ice show rehearsal and ice show.

Age Group: 4 Years - Adult
Day/Time: Friday, Saturday or Sunday, 7 week session
Session I: November 7-December 20
Session II: January 16-March 6
No Session 2/20-2/22
Course #: 250710-02: Friday Classes
Course #: 250710-03: Saturday Classes
Course #: 250710-04: Sunday Classes
Location: Ebersole Ice Rink
Registration: See registration calendar.
Fee: \$135 Resident, \$200 Non-Resident
Note: Fee does not include skate rental. For details on class times and levels, see Skating School booklet, available at Main Office or Ice Rink after September.

Ebersole Ice Rink Free Skate Days

For fitness and fun we are the ONE! Lace up your skates as our ice rink will be open to the entire community for a free trial of this exciting Winter sport. Bring the family and learn about the many exciting programs Ebersole Rink has to offer. Skate rentals are available for a fee.

Age Group: Open to All
Day/Time: Tuesday, November 4, 1-3pm
Thursday, March 12, 3-5pm
Location: Ebersole Ice Rink
Fee: Free, Skate rentals are available for a fee

Ice Hockey Mite

The Mite program is designed for the player who has had either clinic experience, or who has participated in organized hockey. Players are scheduled to skate three times per week. Games are cross ice.

Age Group: 8 Years & Younger
Day/Time: Weekdays, October - March - 6pm
Course #: 220610-01
Location: Ebersole Ice Rink
Registration: Ongoing
Fee: \$775

Youth Ice Hockey Travel Teams

- Teams will be limited to a maximum of 20 players including goalies.
- Age Group:** 5 - 15 Years
- Day/Time:** October - March. Practices and games are scheduled weekdays, evenings, and weekends throughout the season. Schedules will be posted.
- Course #:** A & B Teams will be formed on the following:
220610-03: Squirts 10 & Under
220610-04: Pee Wee 12 & Under
220610-05: Bantams A 14 & Under
- Location:** Ebersole Ice Rink
- Registration:** Ongoing
- Fee:** \$850 Resident, \$1700 Non-Resident
- If you would like to get involved in the White Plains Plainsmen Hockey Association, you can log on to www.WhitePlainsPlainsmen.com.

Learn to play Hockey

- Learn to play hockey. This program is designed to teach the fundamentals of hockey. In addition to learning the basic hockey skills you will learn the rules of the game. Participants must provide their own skates, hockey helmet with mask, hockey gloves, neck guard, mouth piece, hockey stick and shin guards.
- Age Group:** Boys & Girls 5-12
- Day/Time:** Sunday, 10:30-11:30am, 7 One Hour Sessions
- Course #:** 220610-H1 November 2-December 21
- Course #:** 220610-H2 January 18-March 6
No Session 2/22
- Location:** Ebersole Ice Rink
- Registration:** Ongoing
- Fee:** \$270 Residents, \$400 Non-Residents

Party Room Ebersole Ice Rink

Are you looking to host an Ice Skating Birthday party, you don't have to look further than Ebersole Ice Rink. The Party room at Ebersole Ice Rink is available for groups up to thirty. There are many party packages available for both the use of the Party room during Public Skating sessions as well for any other occasion you may be planning. Let the staff at Ebersole Ice Rink make that birthday party or other special event happen! For further information you can contact Ebersole Ice Rink at 914 422-1390 or e-mail Matt Hanson at mhanson@whiteplainsny.gov

Holiday Review

Come and skate with Santa and Frosty the Snowman! Enjoy a Holiday Ice Review at Ebersole Ice Rink: Sunday, December 20

End-Of-Year Ice & Exhibition Shows

Come and support our students in our annual ice show at Ebersole Ice Rink.
March 22, 6pm and
Thursday March 26, 6pm

Community Partners



THE BEST MUSIC INSTRUCTION IN WESTCHESTER

REGISTER NOW for fall/winter sessions

Private lessons
Performing Ensembles
Early childhood and Suzuki programs
Latin Jazz program
Musical Theatre productions

Programs for every age from infant to adult
We specialize in all styles of music

810 Central Park Avenue
White Plains, NY 10606
musicconservatory.org
info@musiccd.org

MUSIC MATTERS.

CELEBRATING 75 YEARS **FORT HILL PLAYERS**
— Since 1938 —

Westchester's Longest Running Community Theater
Invites you to join us...
On stage, Back stage or in the Audience!



Drama



Comedy



Free Summer Theater

Performances at:
Rochambeau School
228 Fisher Ave. WP
For our 2014–15 Schedule
Visit:
ForthHillPlayers.com
Like us on Facebook
914-916-5143

Think you have to go to NYC for cool things to do?



Fusion Dance, Tarrytown

Think again.

www.ArtsWestchester.org
Your complete guide to the arts in Westchester

ARTSW

WP White Plains Hospital



Emergency Care
Providing essential acute care and critical care services to Westchester County residents and patients from throughout the region.



Level III Neonatal ICU & Maternity Center
Providing comprehensive care for newborns and mothers from throughout the region.



Cardiac Catheterization Lab
The only cardiac catheterization lab in Westchester County, providing comprehensive cardiac services.



Dickstein Cancer Treatment Center
In 2012, the Dickstein Cancer Program was named one of only 18 in the U.S. to receive The American College of Surgeons Commission on Cancer's Gold Standard Recognition Award.

at WHITE PLAINS HOSPITAL WE PROVIDE exceptional care every day

From maternity and intensive neonatal care to oncology and emergency care—we provide the most comprehensive treatment in the most comfortable, accessible setting.

To learn more visit whiteplainshospital.org or to find a physician call 914-881-1000.

Community Partners

SAVE THE DATE!

Jump In and Swim Month – coming in March/April 2015

“Jump In and Swim Month” is designed to help children and adults learn basic swim skills and water safety practices. As part of this city-wide initiative, free swim classes and water-based activities will be offered to residents of all ages from late March thru April. Participating agencies in this effort are: White Plains Recreation and Parks Department, White Plains YMCA, & YWCA, White Plains Youth Bureau, White Plains Hospital and the White Plains City School District. Each agency has contributed time and resources to making “Jump In and Swim Month” a wave of opportunity for the residents of White Plains. For more information, contact the Recreation Department in March for a schedule of activities.



Burke Wheelchair Games September

The Burke Rehabilitation Hospital's annual Wheelchair Games will be held on Saturday, September 20, 2014, from 9 a.m. to 5 p.m. The event will take place on Burke's campus at 785 Mamaroneck Avenue in White Plains.



For information call the Burke Wheelchair Games 2013 hotline at (914) 597-2850, or www.burke.org.

Passports to Parks

“No Child left Inside”, Help our children get up and out to explore the beautiful parks, playgrounds and trails located here in White Plains. We have partnered with The Care of Trees to provide the ultimate travel experiences complete with new adventures and activities. Visit our office, get your recreation ID cards and let the travels begin.

The Care of Trees is a local, employee owned, full service tree and shrub care company. We pride ourselves on providing excellent client experiences, that focus on our clients needs to maintain all parts of their landscapes. The Care of Trees guarantees our work or we don't expect payment until you are 100% satisfied with our service.

www.thecareoftrees.com.

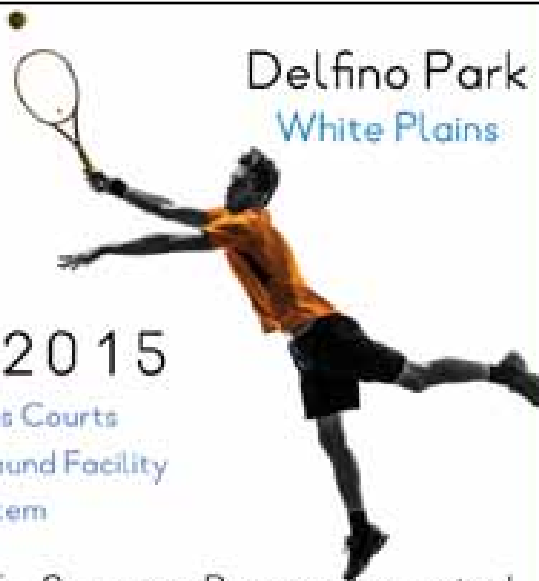


Tennis Innovators Academy

COMING 2015

8 Hydro System Tennis Courts
Indoor & Outdoor Year Round Facility
Led Lighting System

CWP Residents 15% off : Summer Passes Accepted



Delfino Park
White Plains

Adult Academy
Junior Academy
Summer Academy
Tournament Training
USTA League Training

Email: info@tennisinnovators.com

Cell: 914.428.2444

Visit: www.TennisInnovators.com

Youth Bureau Programs



11 Amherst Place, White Plains, NY 10601 914-422-1378/Tel ** 914-422-6489/Fax www.whiteplainsyouthbureau.org

SPECIAL ANNOUNCEMENTS!

- Wellness Week Kickoff, September 14th 2014
- Red Ribbon Month Kick-Off, October 6th @ City Hall 4:30pm
- White Plains Reads Book Fair, December 6th
- 10th Annual Dance Benefit, Saturday, January 24, 2015 at the White Plains Performing Arts Center.

School Based Programs

After School Connection

This program provides quality after school child care from school dismissal until 6 pm at all five elementary schools, the Eastview School (6th grade,) Highlands Middle School (7th and 8th grades,) the DeKalb Learning Center and the Thomas H. Slater Center.

Age Group: Kindergarten – 8th grade
Date/Time: Monday – Friday, September - June
Contact: Byron Smalls, 914-422-1378, x6720
bsmall@whiteplainsny.gov

Fee: \$81.25 per week until 6 pm; billed monthly
 Extended day until 6:30 pm available at an additional \$40 per month
 Income based scholarships are available.



Unless otherwise noted, activities are available to White Plains Residents Only

Youth Bureau Programs



11 Amherst Place, White Plains, NY 10601 914-422-1378/Tel ** 914-422-6489/Fax www.whiteplainsyouthbureau.org

Enrichment & Personal Growth Activities

Growing White Plains

The Growing White Plains program operates two community gardens, one at NY Presbyterian Hospital and one in partnership with Bethel Baptist Church at the corner of Prospect St. and Sterling Ave., as well as a small greenhouse in Delfino Park. The food we grow (using organic methods) goes to feed people in White Plains in need. This is a volunteer effort and the gardens belong to the citizens of White Plains.

Age Group: Kindergarten – Adult
Location: Various
Requirements: White Plains Residents
Contact: Martin Rudow: 914-422-1378, x6717
mrudow@whiteplainsny.gov



Healthy & Fit For Life

Youth have access to a fully equipped fitness facility and highly qualified coaches. Fitness activities include Boxing, Personal Training and Karate.

Age Group: 6 – 21 years of age
Day/Time: Monday - Friday, 3:00 - 8:00pm; Saturdays, 1:00 - 8:00pm, School year program
Contact: Bhavana Pahwa, 914-422-1378, x6715
bpahwa@whiteplainsny.gov



Mayor's Youth Council

The White Plains Mayor's Youth Council is looking for high school students to become a part of this distinguished group of young leaders in the community. Students have the opportunity to enhance their leadership skills, perform various community service projects around the city throughout the year and meet with the Mayor on a quarterly basis to act as ambassadors for youth ideas and concerns in the city.

Age Group: 9th – 12th Grade
Day/Time: Tuesdays, Bi-Weekly, September – June in the evenings 7:00pm – 8:00pm
Requirements: White Plains Residents
Contact: Catherine Backes, 914-422-1378, x6705
cbackes@whiteplainsny.gov

Unless otherwise noted, activities are available to White Plains Residents Only

Youth Bureau Programs



11 Amherst Place, White Plains, NY 10601 914-422-1378/Tel ** 914-422-6489/Fax www.whiteplainsyouthbureau.org

Mentors Program

Do you have an hour or two a week and want to make a difference in a young person's life? The City of White Plains Youth Bureau wants you to be a Mentor. A Mentor is a grown up friend who can help a child become a young adult who is prepared for a successful future. They are one of the people in a child's life who is there to listen to them and maybe even expand their world and experiences. Mentors also benefit from the program by watching a young person grow and seeing how much fun young people can be when you don't have the stress of being their parent.

Age Group: Adults
Requirements: Background checks
Contact: Sheila Foley, 914-422-1378, x6709
sfoley@whiteplainsny.gov

Recreation & Cultural Activities

Out of school time for the Youth Bureau's Neighborhood Services means recreational and cultural activities; ranging from basketball, tag football, Hip Hop Dance, drumming and a youth chorus to field trips, movies and museums. Neighborhood Services operates three teen lounges.

Age Group: 12 – 24 years of age
Day/Time: Monday - Friday, 3-8pm; Sat. 1-8pm,
Mid September - June
Requirements: White Plains Residents
Contact: Adrienne Rivers, 914-422-1378, x6716
arivers@whiteplainsny.gov



STEP UP! Youth Development Program

The Step Up! Program is a youth development program for young men in White Plains. With a goal of increasing their opportunities for success, Step Up! Helps young men build community relationships while improving their skills and knowledge.

Age Group: Males 14 – 21 years of age
Date/Time: Weekly, September - June
Requirements: White Plains Residents
Contact: Raymond Tribble, 914-422-1378, x6723
rtribble@whiteplainsny.gov

Wellness Week Kick Off Celebration

Health & Wellness festival for the whole family on Court Street. Come enjoy games, give-aways, food and vendors.

Age Group: All ages
Location: Court Street, White Plains, NY
Dates: Sunday, September 14, 2014; 1:00 – 4:00pm
Contact: Chanelle Hyde, 914-422-1378, x6703
chyde@whiteplainsny.gov or
whiteplainscres@gmail.com

White Plains READS! Book Fair

Help spread literacy among the underserved in White Plains and get a head start on your Holiday shopping at this Book Fair. Lots of fun activities planned for kids of all ages! Part of the proceeds benefit White Plains READS! Literacy program.

Age Group: All ages
Location: Barnes and Noble Book Store, White Plains NY
Dates: Sunday, September 14, 2014; 1:00 – 4:00pm
Contact: Chanelle Hyde, 914-422-1378, x6703
chyde@whiteplainsny.gov or
whiteplainscres@gmail.com



Unless otherwise noted, activities are available to White Plains Residents Only

Youth Bureau Programs



11 Amherst Place, White Plains, NY 10601 914-422-1378/Tel ** 914-422-6489/Fax www.whiteplainsyouthbureau.org

Youth on Stage

Performing Arts Program

Age Group: All ages unless specified in class description.
Day/Time Monday - Friday, 3-8pm; Sat. 1-8pm,
Mid September - June
Contact: Adrienne Rivers, 914-422-1378,
x6716 arivers@whiteplainsny.gov

Capoeira:

Learn the basics of this South American martial arts/dance form with Jonathan Salgado at the Slater Center, Tuesday and Thursday from 6:30-7:30. Open to ages 10-21.

Movement:

If your children like to move to music, but aren't quite ready to follow a choreographed routine, this is their class. Open to youth 5 - 7 years old.

Evolution:

Hip Hop instruction offered in partnership with Steffi Nossen. Open to youth 6 - 21 years of age with previous, formal dance instruction. Sessions held on Monday at the Westchester Conservatory from 7:15-8:15 pm.

Fusion:

Modern/Jazz/Hip-Hop Instruction. Open to youth 7 - 21 years of age with previous formal dance experience.

Tribal Footprints:

African/Caribbean dance- participants learn traditional and contemporary dances from Africa and the Caribbean. Open to all ages. *Participants interested in these dance classes must attend a placement class, Saturday, September 6.

Roots 'n Rhythm:

World drumming on djembes, congas and other hand drums. Open to all ages.

StudioStage:

A theatre experience offered in partnership with Play Group Theatre for youth 8 -13 years of age. Classes begin Oct. 4.

Youth Employment

Youth Employment Services

The White Plains Youth Bureau - Youth Employment Services (Y.E.S.) provides young people with opportunities to learn about the world of work through programs designed to assist them in: identifying their interests, defining and reaching their goals, and increasing their skills.

Job Bank

Calling all youth looking for a job! The local business community calls on us to help fill their jobs. Open positions are posted on our website at www.whiteplainsyouthbureau.org/current-job-listings.html

Age Group: 14 and up.
Location: White Plains High School, H Cafeteria.
Day/Time Monday - Friday 9:00am -12:30pm,
Contact Janet Spencer, 914-422-2617

For local business owners or community members who are looking to hire youth to perform odd jobs, fill office & clerical positions, computer trouble shooting, tutoring and more contact Janet Spencer at 422-1378 ext. 6721 or email Janet @ jmspencer@whiteplainsny.gov to post a job with YES.

The Babysitters Training Program

Young people can register for the 6 hour course to learn leadership, safety, basic care and enhance their skills to start their own babysitting business. Applications can be obtained online at www.whiteplainsyouthbureau.org

2014-2015 Babysitting Training Dates

- Tuesday, November 4th 9:30-4pm
- Friday, January 30th 9:30-4pm
- Tuesday, March 31st 9:30-4pm
- Thursday April 30th 9:30-4pm



Unless otherwise noted, activities are available to White Plains Residents Only

White Plains Performing Arts Center

Audiences and Critics Agree...

*Broadway quality acting and music, sets, costumes, live orchestra...
just lovely and no traffic and parking headaches! - Dawn R*

Rock musical 'Hair' brings the '60s to White Plains

WPPAC's August: Osage County Is a Must See

WPPAC's "Lend Me A Tenor" - A Laugh A Minute

**Smaller scale 'Les Miserables'
is powerful at WPPAC**

Another life for
'Cats'
at White Plains Performing Arts Center

Mayhem, fun, dysfunction, and genius at the White Plains Performing Arts Center—

**'Color Purple'
delves into
weighty story**

WPPAC's gamble pays off
in uplifting production

The Who's Tommy Rocks On at WPPAC's Main Stage

WPPAC's Production of "The Fox on the Fairway" Kept Me Laughing

Musical 'The Color Purple' lights up the WPPAC stage

Les Misérables is Captivating Audiences at WPPAC

... with ample, reasonably priced parking available, no traffic jams and ticket prices less than Broadway's, it's a pleasurable experience to settle back in WPPAC's padded, reclining seats and enjoy a really good production... - Andrea K, Scarsdale Inquirer

October 15 - October 21, 2013

The White Plains Examiner

WPPAC is Professional Theater, Not Amateur Night in the Suburbs

White Plains has a fabulous Performing Arts Center. It is located within the mall at City Center on the same level as the movie theaters at Parking Level 5.

It is difficult to point out because it is housed, almost hidden in a large building and not a stand-alone like other more historic Performing Arts Centers in the region. There's no marquee-style signage at street level and no way for anyone to make a grand entrance - except for the actors, of course, who are paid professionals, many who have played on Broadway and continue to make the circuit in regional professional theaters across the country.

White Plains Performing Arts Center (WPPAC) is one of White Plains' best-kept

secrets and one of its finest gems.

The theater's director, Jeremy Quinn, is an expert in his field, a great artist, who produces numerous plays and musicals, each carefully selected and developed to a professional standard that all audiences appreciate.

Is it because WPPAC is a theater in a mall that people do not gravitate to it more grandly? Most certainly it is not the quality of production. When the doors are closed and the lights go out, there is always magic in the house.

The WPPAC's Conservatory Theater, which teaches young actors, has become well-known for its quality of education. Parents come in droves to see their kids

play.

If you like theater, if you appreciate the creative endeavor of a live actor's portrayal of a character, you should give WPPAC's Main Stage productions a try. You will be most amazed and will wonder how you never realized this treat was so readily available in your own hometown.

There is not one bad seat in the house for viewing purposes and all seats are comfortable with plenty of legroom. Ticket prices are less than you will pay for a good dinner. So, why not give it a try - The 39 Steps is playing again this weekend and the next. Go and get your tickets now.

We Can't Wait to See You In The Audience!

Visit www.wppac.com for all upcoming events.

WHITE PLAINS PERFORMING ARTS CENTER

11 City Place (3rd Floor of City Center), White Plains, NY 10601

914.328.1600 | www.wppac.com



White Plains Performing Arts Center



white plains **performing arts** center

914.328.1600 | education@wppac.com
wppac.com/conservatory

conservatory theatre

The White Plains Performing Arts Center Conservatory Theatre is the region's premiere theatre training organization. We engage youth from Pre-K to College in theatre training that unleashes their imaginations and teaches collaboration skills while building self-esteem. We are both artistic and educational, holding ourselves and our students to high professional standards while providing them with the tools necessary to meet those standards.

What makes us unique:

- A professional approach to performing arts training.
- Accurate, technique-based training for youth and young adult performers.
- Teachers who are trained as educators and artists.
- The opportunity to perform in a nationally recognized regional theatre.

Rent the White Plains Performing Arts Center for your next event!

Perfect for your next concert, recital or other performing arts program as well as for corporate events, social outings, business meetings and fundraisers.



Excellent Lighting and Sound Comfortable Seating for up to 410 guests

Spacious Lobby for small receptions/exhibits

Walk to Train Easy Highway Access On-Site Parking

Check out www.wppac.com for rental rates & additional information.

White Plains Public Library



WHITE PLAINS
PUBLIC LIBRARY

Come see what's exciting and new at your Library!

White Plains Public Library has something for everyone. From our new, technology-rich teen library, *The Edge*, to our award-winning children's library, *The Trove*, and our ever-evolving adult library services, you're bound to find something to enrich your life. Best of all, it's free!



THE EDGE

AT THE WHITE PLAINS PUBLIC LIBRARY

The Library's teen space, *The Edge*, continues to add equipment and programs for teenagers. We now have two 3D printers and a 3D scanner which we use to teach graphic design and 3D modeling. We have a recording studio with an electric guitar, electric bass and electronic drum set to create compositions and learn essential music skills. We also have an HD camcorder, DSLR camera and green screen for video and photography workshops. Teens can come by after school and use a PC or Mac, a laptop or an iPad in *The Edge*. We have comfortable seating and a PlayStation 4 for gaming. Students can also join one of our monthly clubs like *Minecraft Mondays*, or our *Harry Potter Alliance* chapter, and book review club.

Find us on these social networking sites:



facebook.com/WhitePlainsPublicLibrary



twitter.com/WhitePlainsLib

Visit our website:

whiteplainslibrary.org

Library Hours

Monday-Thursday.....	10 a.m. - 9 p.m.
Friday.....	10 a.m. - 6 p.m.
Saturday	10 a.m. - 5 p.m.
Sunday.....	1 p.m. - 5 p.m.

Phone Numbers

Adult Reference.....	422-1480
The Trove (Children's Services).....	422-1476
The Edge (Teen Services).....	422-1481
Checkout / Library Cards.....	422-1490
Renewals by Phone.....	674-4169

For more details and listings of our free classes and events, see our website whiteplainslibrary.org

As a White Plains resident, you are eligible to receive a White Plains Public Library Card. Please stop by the Circulation Desk for details, or call 422-1490. We are a member of Westchester Library System, and your White Plains card is honored at all Westchester public libraries and at the Westchester Community College library.

White Plains Public Library



Museum Passes

Borrow family passes for several local museums for free, including The Children's Museum of Manhattan, The Intrepid Sea, Air and Space Museum and more!

Book a pass on our website 24/7, or visit the first floor Reference Desk or the Compass Desk in The Trove for details and reservations. This project is funded by the White Plains Library Foundation.

For Children

Tutoring Resources

Teacher in the Library

Free after-school help is available in The Trove for students through grade 6, Monday and Wednesday from 4-7 p.m. and Tuesday and Thursday from 4-6 p.m., when school is in session, from October through May.

Online Tutor @ whiteplainslibrary.org

Ask certified tutors questions online. White Plains card holders can log on through the Library website daily from 2-11 p.m., from home, school, or in the Library. For grades K-12 and adult learners. Spanish-speaking tutors are available. This project is funded by the White Plains Library Foundation.

Learning Express Library

Study, practice and self-scoring for standardized tests on our website (e.g. 4th grade math and reading practice, elementary school writing practice).

For Adults

Poetry SLAM & Open Mic

Join us for the first Wednesday of each month for open mic, poetry SLAM competition and a guest poet. This is a project of the White Plains Library Foundation.

Jazz Slam - The White Plains Library Jazz/Poetry Slam & Open Mic

On September 3, 2014, 7:00 – 9:00 PM, The White Plains Public Library will set its monthly Poetry Slam & Open mic to jazz.

En Español

Noticias es el boletín informativo oficial de la Biblioteca en español. Destaca los programas y servicios que la Biblioteca entiende ser de especial interés a los usuarios que hablan español.

Nuestra página web en español es espanol.whiteplainslibrary.org, donde usted puede encontrar información detallada acerca de los muchos servicios que ofrece la Biblioteca.

Lunchtime Demos

Library staff will present computer demos at noon on the following dates. Each demo runs 45-60 minutes. No registration required.

Windows 8 Basics

Online Apartment Hunting

Pinterest

E-commerce: Online Shopping

August 11

September 22

October 20

November 3

Computer Classes

eReader Training

TASC Classes

Book Discussion

Learn English

United States Citizenship

Learn Conversational Spanish

Job Club

Unless otherwise noted, registration is not required, all programs are free, and are funded by the City of White Plains.

PARK FACILITIES

The City has twenty multi-purpose parks which provide a variety of recreational resources, include varying combinations of ball fields, basketball courts, swimming pools, passive areas, playgrounds, and areas for active play.

Our Parks are categorized as Neighborhood Parks, Community Parks and/or Specialty Parks: Neighborhood Parks provide the foundation for recreation locally and provide residents the opportunity to enjoy the outdoors close to home. Our Neighborhood Parks are: Battle Hill Park, Battle of White Plains Park, Chatterton Park, Druss Park, Mattison Park, Mitchell Park Tot Lot and Turnure Park. Community Parks are larger parks that serve the greater population and provide a variety of amenities. Our Community Parks are Defino Park, Gardella Park, Gillie Park and Kittrell Park. Specialty Parks are designed to accommodate specific activities. They provide unique recreational Opportunities. Our Specialty Parks are: Baldwin Farms, Bark Dog Park, Bryant-Mamaroneck Park, Jack Harrington Greenway, Jacob Purdy Park, Liberty Park, Renaissance Plaza, Ridgway Nature Trail, and Tibbits Park.

PARK RULES AND REGULATIONS

- . Parks are open daily from dawn to dusk, unless specified
- . No Dogs are permitted except in Bark Park
- . No smoking or alcoholic beverage are permitted
- . Parents must supervise children at all times
- . No littering or loitering
- . A facility permit is required for use of all City owned fields

Field and Facility Usage Procedures:

A PERMIT IS REQUIRED for use of all White Plains School and City owned fields. Applications may be obtained at the Recreation and Parks Department Office. Fax #: 914.422.1250. All requests must be made in writing on letterhead to:

White Plains Recreation and Parks Department
85 Gedney Way, White Plains, NY 10605
Attn: Commissioner of Recreation and Parks

PARK FACILITIES

BATTLE HILL PARK

LOCATION: This 3.68 acre park is located to the west of the Battle Hill Condominiums on Battle Avenue and McKinley Avenue.

COMMENTS: Open field space and the outdoor basketball court is the perfect location for individuals to engage in casual athletic activities. The Community room is used as a Teen Lounge and is available for permit use.

BATTLE OF WHITE PLAINS PARK

LOCATION: This 1.31 acre park is located at the corner of Whitney Street and Battle Avenue at a high point overlooking the City.

COMMENTS: This park is the historic site of the Battle of White Plains, designed and build in 1976 as part of the National Bicentennial Projects. Interpretive historical signage is located throughout the park.

CHATTERTON PLAYGROUND

LOCATION: This .40 acre park is located at the corner of Chatterton Avenue and Harmon Street.

COMMENTS: The modern fenced play areas are well shaded and provide a variety of playground activities.

DRUSS PARK

LOCATION: This 1.99 acre park is located at the intersect of South Lexington and Prospect Avenue opposite St. Bernard's Church.

COMMENTS: The park is naturally separated into three terrains divided by gentle slopes. Each terrace has a flat plateau perfect for leisure opportunities.

MATTISON PARK

LOCATION: This .78 acre park is located in fisher Hill at the intersection of Quinby Avenue and Lynton Place.

COMMENTS: This park serves as a gathering place for children who enjoy the play areas, court and grassed areas for unstructured play.

MITCHELL PLACE TOT LOT

LOCATION: This .13 acre playground is in the Core Area/ Central Business District across from the Community Center on Mitchell Place.

COMMENTS: This fenced playground was designed especially for young children ages PreK-5 years.

PARK FACILITIES

TURNURE PARK

LOCATION: This 4.05 acre park is located on a sloping site diagonally opposite Eastview School bordered by Main Street, Canfield Avenue and Lake Street.

COMMENTS: A picture perfect park in a densely populated area of the city, Turnure Park is a spectacle of beauty in the spring with over 100 Japanese Cherry Trees in bloom. This is the site of our annual Cherry Blossom festival.

DELFINO PARK

LOCATION: This 17.89 acre park is our largest multiuse park and is located at 110 Lake Street and is the location of Ebersole Ice rink. **Rink opens Thursday, October 14th (weather permitting). 2014-2015 rink booklets available at the Ice Rink, Ebersole Ice Rink Phone: 422-1348/422-1390.**

COMMENTS: This beautiful flagship park offers many exciting recreational options. Each fall our large fields transform to a community camp ground for residents to experience the great outdoors overnight. Spring, summer and fall bring softball to Delfino Park. **Coming 2015, Hydro System Tennis Courts, Indoor & Outdoor Year Round Facility, Led Lighting System and a 15% residents discount.**

GARDELLA PARK

LOCATION: This 7.5 acre park is located in the Ferris Avenue and Church Street/Park Avenue neighborhoods with access from Ferris Avenue and from the parking lot of Church Street School.

COMMENTS: Gardella pool is a great way for residents to splash away the summer. Pool admission is free with a current Recreation ID card. This park is the location of our competitive outdoor high school and adult basketball league. Permits are available for large group outings.

GILLIE PARK

LOCATION: This 11.24 acre park is located at the corner of Mamaroneck Avenue and Gedney Way.

COMMENTS: Registration for all Recreation programs is available in the Administration building which is also the location of all staff offices. Additionally, this busy park is known best for its outstanding tennis courts, softball fields and home to the White Plains Little League and the "Field of Dreams". Pre-school programs are abundant in the Gille Recreation room. Supervised Har-Tru Courts available until October 25

Har-Tru Court Schedule

Monday-Friday 9am-9pm

Weekend/Holiday 8am-6pm

Permit & fee required per court hour,

1 hour 15 minutes per play

Tennis Court Fees

Singles/Doubles Season

Youth	\$9	\$55
-------	-----	------

Adults	\$11	120
--------	------	-----

Senior	\$9	\$90
--------	-----	------

Guests	\$15	\$300
--------	------	-------

KITTRELL PARK

LOCATION: This 1.67 acre specialty park is located in Fisher Hill on a multi-level site at the intersection of Fisher Avenue and Irving Place.

COMMENTS: Kittrell pool provides a fabulous opportunity to enjoy swimming during the summer months. Admission is free to residents with a current Recreation ID card. Free youth basketball fills the park with excitement evenings during July and August.

BALDWIN FARM

LOCATION: This 18.5 acre Specialty Park is located in the Woodcrest Heights neighborhood on Hall Avenue.

COMMENTS: There is little evidence of use of Baldwin Farm on the west side of Hall Avenue. The east side's use is devoted to the community gardens, which along with 40 garden plots located at the New York Hospital property off Bryant Avenue; provide residents who might not have their own land an opportunity to garden. Plots may be obtained by contacting the Recreation Administration Office at 914 422-1336.

BARK DOG PARK

LOCATION: This pet friendly park is located on the Main Street extension off of Brockway Place opposite the rear of Delfino Park.

COMMENTS: Resident dogs are welcome to run around and exercise at our Dog Park. Included is a water fountain, bag dispenser for cleaning up after dogs and waste receptacle. This park features an area exclusively for small or young dogs. All dogs are required to have a current license tag and vaccinations. See page 30 for Howl-o-Ween Costume Party.

PARK FACILITIES

BRYANT-MAMARONECK PARK

This 8.93 acre circular trail way park is located on the southeast corner of Bryant and Mamaroneck Avenue.

COMMENTS: The half mile rugged looped trail is perfect for hiking and exploring nature. You may enter and exit the park from Mamaroneck Avenue. Meter parking is available at the City owned Shapham Place lot across Mamaroneck Avenue.

JACK HARRINGTON GREENWAY

LOCATION: This 19 acre linear park trail portion begins at Gedney Way.

COMMENTS: The trail between Gedney Way and Ridgeway is 0.8 miles long. The trail from Ridgeway to the Scarsdale border is 0.5 miles long. The Greenway from Gedney Way south to the Scarsdale line is accessible from Gedney Way and Ridgeway. The Greenway provides a long path for individuals to enjoy walking in a natural setting in a protected area.

JACOB PURDY PARK

LOCATION: This 1.37 acre park is located on Park Avenue south of its intersection with Kirby Terrace.

COMMENTS: It is situated at the top of Purdy Hill on a part of the original 132 acre farm purchased by Jacob Purdy in 1730. In winter, the site commands an excellent view of White Plains and its surroundings to the south and west. The park was developed by the City of White Plains to accommodate the relocation of the historic Jacob Purdy House. The house is used for historical programming and as headquarters of the White Plains Historical Society.

LIBERTY PARK

LOCATION: This waterfront 2 acre park is located on Lake Street on the White Plains Harrison border.

COMMENTS: Residents can enjoy passive recreation, picnicking, hiking and fishing in the 22 acre Silver Lake. A peaceful environment tucked away from the busy downtown Liberty Park lends itself to quiet, contemplative relaxation. Named in honor of city residents who lost their lives on September 11, 2001, this is the site of our permanent monument.

A Day of Remembrance September 11, 2014 8 a.m.

RENAISSANCE PLAZA

LOCATION: This urban passive .36 acre park is located at the key downtown intersection of Mamaroneck Avenue and Main Street.

COMMENTS: The park features 3 large fountains with decorative lighting, music and water features, and seating on benches, surrounded by shade trees, ground cover and shrubs. Additionally, this landmark location is the site of numerous special events, concerts and ceremonies, most notably our New Year's Eve Celebration.

RIDGEWAY NATURE TRAIL

LOCATION: This 0.6 mile long trail and the surrounding open space area abut Ridgeway School on Ridgeway. On the north it is bordered by a small dead end street, Seeger Drive.

COMMENTS: The park is utilized for educational purposes. It also serves as a community resource by providing a 0.5 walking trail to the Scarsdale border. There are several wooden bridges over wet areas.

SAXON WOODS PARK

LOCATION: This multipurpose turf field is located at 1800 Mamaroneck Avenue at the Saxon Woods pool facility complex.

COMMENTS: This field with lights is available for youth and adults sports programs for rental at an hourly rate. Contact 422-1345 for fees and availability.

TIBBITS PARK

LOCATION: This 4.52 acre park composed of seven large median traffic islands is located along North Broadway, running from approximately Lake Street south to Armory Place.

COMMENTS: Colorful annual and perennial plantings installed under the auspices of the White Plains Beautification Foundation grace this park. In spring this park blooms with cherry trees. Passive areas with benches are scattered throughout the park. Two display fountains, three commemorative statues, a gazebo and decorative clock also add to the beauty of these islands. **Annual Tree Lighting, December 7, 4-6pm.**

Registration Form Phone: (914) 422-1336

City of White Plains, Recreation & Parks Department, 85 Gedney Way, White Plains NY 10605

Adult Last Name _____ First Name _____

Address: _____ Apt#: _____ City: _____ Zip: _____

Phone# Day: _____ Cell: _____ Eve: _____ e-mail: _____

Emergency Contact Name: _____ Emergency# Day: _____ Cell: _____ Eve: _____

Release of Liability: In consideration of your acceptance of myself or that of my child/minor (in my legal custody) for participation in the activities/programs/use of facilities of the City of White Plains, I agree that I am aware of the inherent dangers and risk involved in these activities/programs including bodily injury, which may result from strenuous activity or other causes related to the activities/programs. I agree for myself and/or for my child/minor to release and hold harmless the City of White Plains its officials, officers, agents, employees and volunteers from any against any and all liability, damage or claim of any nature arising out of or in any way related to my participation or that of my child/minor in these activities/programs except those things caused by the sole negligence of the City. I understand that the City of White Plains does not provide accident or medical insurance and I am financially responsible for any and all medical expenses whatsoever that I or my child/minor may incur. I have read, understand and agree with the terms of this release.

Signature of Registrant or Parent/Guardian: _____ Date: ____/____/____

Course #	Participant's Name (Last, First)		Sex	D.O.B.	Grd/School	Activity Name	FEE
						Total \$	

For Office Use Only

Program Fee: _____ Amount Paid: _____ Cash: ____ Check #: _____

Credit Card: Master: _____ Visa: _____ Received By: _____

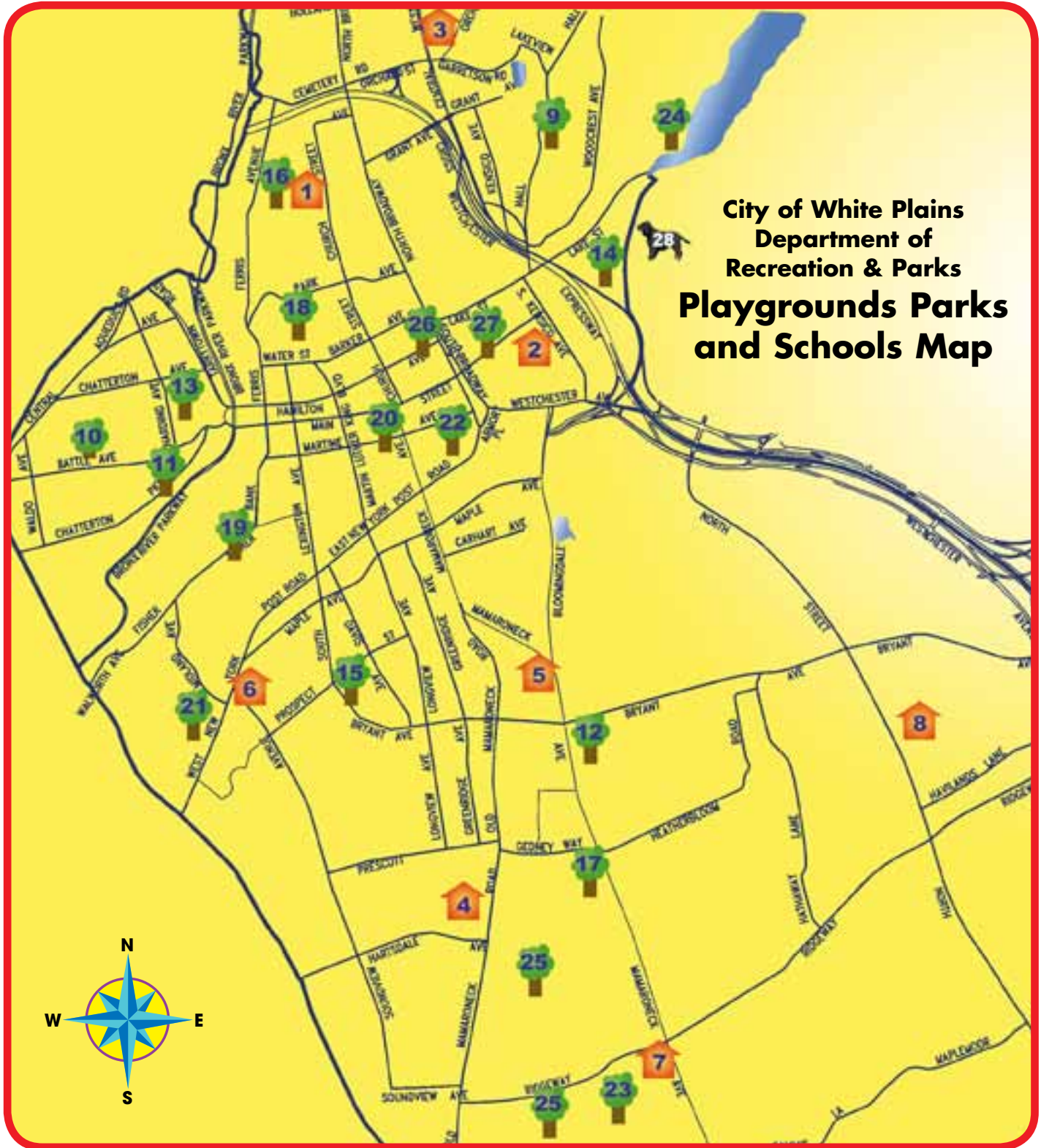
White Plains Recreation & Parks

Park Amenities

1. Church Street School
2. Eastview School
3. George Washington School
4. Highlands School/Ralph Field
5. Mamaroneck Avenue School
6. Post Road School
7. Ridgeway School
8. White Plains High School
9. Baldwin Farm
10. Battle Hill Park
11. Battle/WP Park
12. Bryant-Mamaroneck Park
13. Chatterton Playground
14. Delfino Park
15. Druss Park
16. Gardella Park
17. Gillie Park
18. Jacob Purdy Park
19. Kitrell Park
20. Renaissance Plaza
21. Mattison Park
22. Mitchell Place Tot Lot
23. Ridgeway Nature Trail
24. Liberty Park
25. Jack HarringtonGreenway
26. Tibbits Park
27. Tumure Park

Ball Fields		●	●	●	●	●	●	●		●			●	●	●													
Basketball Courts	●	●	●	●	●	●	●	●		●		●	●	●	●		●		●									
Boating																						●						
Picnic/Cooking/Grills													●		●													
Skating													●															
Meeting Rooms									●				●			●												
Nature Trails							●				●		●								●		●	●				
Outdoor Concerts/Events			●						●				●	●	●	●			●	●					●	●		
Historic Site										●	●						●								●			
Picnic Pavilion																●												
Playgrounds	●		●		●	●	●		●	●		●	●	●	●	●		●		●	●					●		
Restrooms		●	●										●	●	●		●					●				●		
Swimming Pool							●							●			●											
Tennis Courts							●		●			●			●													
Track		●	●				●																					
Paddle Tennis													●															

**City of White Plains
Department of
Recreation & Parks
Playgrounds Parks
and Schools Map**

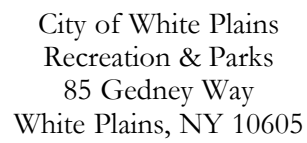


City Schools

- 1 Church Street School
- 2 Eastview School
- 3 George Washington School
- 4 Highlands School
- 5 Mamaroneck Avenue School
- 6 Post Road School
- 7 Ridgeway School
- 8 White Plains High School

Parks & Playgrounds

- 9 Baldwin Farm
- 10 Battle Hill Park
- 11 Battle-WP Park
- 12 Bryant-Mamaroneck Park
- 13 Chatterton Playground
- 14 Delfino Park
- 15 Druss Park
- 16 Gardella Park
- 17 Gillie Park
- 18 Jacob Purdy Park
- 19 Kitrell Park
- 20 Renaissance Plaza
- 21 Mattison Park
- 22 Mitchell Place Tot Lot
- 23 Ridgeway Nature Trail
- 24 Liberty Park
- 25 Jack Harrington Greenway
- 26 Tibbits Park
- 27 Turnure Park
- 28 Bark Dog Park



Presorted STD
U.S. Postage
PAID
Permit No. 254
White Plains, NY

*****ECRWSS**

RESIDENTIAL CUSTOMER
Local ----- White Plains, NY

